

# 1 Appendix. Oral hygiene study plan

**FIELD OF STUDY – PROFESSIONAL  
ORAL HYGIENE  
FIRST-CYCLE STUDY PROGRAMME  
"DENTAL HYGIENE"  
1<sup>ST</sup> YEAR OF STUDIES**

No.	Subject code	Subject/module title	Part of programme	Responsible theoretical or clinical department	Contact hours	ECTS credits	Semester(s)	Assessment form	Coordinating teacher
1.	MF/KEK/O(BH)-P53	Professional Language (Basics of Professional Terminology in Latin and Scientific Style, and Professional Lithuanian Language)	K	Department of Languages and Education	57	3	1	Intermediate credit	D. Gudaitytė. B. Briaukienė
2.	VSF/SPK/O(BH)-P10	Psychology of Communication	K	Department of Health Psychology	95	5	1	Examination	A. Norė
3.	GMF/BIO/O(BH)-P01	Natural Sciences	B	Institute of Biological Systems and Genetics			1	Examination	L. Mickienė
Institute of Biological Systems and Genetics				60	3	L. Mickienė			
Department of Physics, Mathematics, and Biophysics				60	3	A. Grigaliūnas			
4.	MF/BCM/O(BH)-P12	Biochemistry	K	Department of Biochemistry	76	4	1	Examination	I. Stanevivičienė
5.	SLF/SLK/O(BH)-PO2	First Aid and Fundamentals of Nursing	S	Department of Intensive Care, Department of Nursing and Care	60 75	3 4	1	Examination	R. Vaitkevičius, I. Spirgienė
6	OF/VOK/O(BH)-P67	Introduction to the Speciality		Department of Preventive and Paediatric Dentistry	60	3	2	Examination	S. Petrauskienė
7	MF/ANI/O(BH)-P05	Human Anatomy	S	Institute of Anatomy	113	6	2	Examination	D. Batulevičius
8.	OF/VOK/O(BH)-P56	Oral Health and Personal Oral Hygiene	S	Department of Preventive and Paediatric Dentistry	95	5	2	Intermediate credit	I. Vasiliauskiene
9.	MF/HIS/O(BH)-P07	Human Histology and Embryology	K	Department of Histology and Embryology	76	4	2	Examination	A. Valančiūtė
10.	VSF/ADK/O(BH)-P24	Occupational Health for Oral Hygienists	S	Department of Environmental and Occupational Medicine	57	3	2	Examination	A. Vasilavičius
11.	VSF/PMK/O(BH)-P36	Fundamental Epidemiology	S	Department of Preventive Medicine	57	3	2	Examination	Ž. Milauskienė
		An elective course in humanities	K		93	5	1	Individual work (project)	
		An elective course in humanities	K		112	6	2	Individual work (project)	
<b>Total:</b>					<b>1146</b>	<b>60</b>			

**2<sup>ND</sup> YEAR OF STUDIES**

No.	Subject code	Subject/module title	Part of programme	Responsible theoretical or clinical department	Contact hours	ECTS credits	Semester(s)	Assessment form	Coordinating teacher
1.	VSF/SMK/O(BH)-P02	History and Law of Odontology	S	Department of Health Management	57	3	3	Examination	R. Kalėdienė
2.	MF/KEK/O(BH)-P53	Professional Foreign Language	K	Department of Languages and Education	57	3	3	Examination	V. Povilionytė
	MF/FIK/O(BH)-P15	Physiology	B	Institute of Physiology and Pharmacology	56	3	3	Examination	Ž. Senikienė
4.	SLF/SPI/O(BH)-P04	Health Promotion and Ergonomics in Odontology	S	Institute of Sports	57	3	3	Examination	L. Šiupšinskas
5.	VSF/BEK/O(BH)-P01	Medical Ethics	S	Department of Bioethics	57	3	3	Examination	G. Urbonas
6.	OF/VOK/O(BH)-P56	Oral Health and Personal Oral Hygiene	S	Department of Preventive and Paediatric Dentistry	95	5	3	Examination	I. Vasiliauskiene
7.	SLF/SPI/O(BH)-P05	Personal Health Promotion	S	Department of Sports Medicine	76	4	4	Examination	L. Šiupšinskas
8.	MF/PAK/O(BH)-P02	Pathology	K	Department of Pathological Anatomy, Institute of Physiology and Pharmacology	76	4	4	Examination	L. Pangonytė, G. Kazlauskienė
10.	VSF/PMK/O(BH)-P38	Economics and Management	K	Department of Preventive Medicine	57	3	4	Examination	M. Štelemėkas
11.	VSF/BEK/O(BH)-P02	Foundations of Social Sciences and Humanities	B	Department of Bioethics			4	Examination	Ž. Luneckaitė
		Medical Philosophy	B		40	2			Ž. Luneckaitė
		Medical and health Sociology	B		40	2			G. Baltrušaitytė
		Medical Anthropology	B		40	2			J. Kuznecovienė
12	MF/FIK/O(BH)-P15	Physiology	B	Institute of Physiology and Pharmacology	57	3	4	Examination	Ž. Senikienė
13.	VSF/SPK/O(BH)-P06	Health Psychology	S	Department of Health Psychology	95	5	4	Examination	G. Jurkevičienė
14.	OF/VOK/O(BH)-P54	Preclinical Course of Professional Oral Hygiene	S	Department of Preventive and Paediatric Dentistry	60	3	4	Examination	J. Zūbienė
		An elective subject	K		188	10	3	Individual work (project)	
		An elective subject	K		38	2	4	Individual work (project)	
<b>Total:</b>					<b>1089</b>	<b>60</b>			

### 3<sup>RD</sup> YEAR OF STUDIES

No.	Subject code	Subject/module title	Part of program	Responsible theoretical or clinical department	Contact hours	ECTS credits	Semester(s)	Assessment form	Coordinating teacher
1.	OF/VOK/O(BH)-P61	Primary Prevention of Oral Diseases	S	Department of Preventive and Paediatric Dentistry	90	5	5	Examination	E. Bendoraitienė
2.	VF/VI/O(BH)-P01	Oral Microbiology	S	Institute of Microbiology and Virology	80	4	5	Examination	S. Šimonytė
3.	OF/VOK/O(BH)-P66	Professional Oral Hygiene and Clinical Practice	S	Department of Preventive and Paediatric Dentistry	240	12	5. 6	Intermediate credit	J. Žūbienė
4.	OF/DBL/O(BH)-P02	Clinical Cariology	S	Department of Dental and Oral Pathology	60	3	5	Examination	J. Siudikienė
5.	OF/DBL/O(BH)-P08	Periodontology. Oral Pathology and Clinical Practice	S	Department of Dental and Oral Pathology	90	5	5	Examination	E. Jagelavičienė
6.	MF/VIL/O(BH)-P03	Internal diseases	S	Department of Internal Medicine	60	3	5	Examination	E. Kalinauskienė
7.	MF/FIK/O(BH)-P18	Pharmacology	S	Institute of Physiology and Pharmacology	76	4	6	Examination	R. J. Jankūnas
8.	OF/VOK/O(BH)-P36	Paediatric Dentistry and Dental Anomalies	S	Department of Preventive and Paediatric Dentistry	60	3	6	Intermediate credit	E. Slabšinskienė
9.	OF/VOK/O(BH)-P55	Epidemiology and Prevention of Oral Diseases	S	Department of Preventive and Paediatric Dentistry	60	3	6	Examination	J. Razmienė
10.	MF/RAD/O(BH)-P03	Oral Radiology	S	Department of Radiology	60	3	6	Examination	U. Bučinskas
11.	OF/VŽ/O(BH)-P05	Oral Surgery: Anaesthesia, Oral Care of Maxillofacial Surgical Patients	S	Department of Maxillofacial Surgery	120	6	6	Examination	A. Gervickas
		An elective subject	S		80	4	5	Individual work (project)	
		An elective subject	S		93	5	6	Individual work (project)	
<b>Total:</b>					<b>1169</b>	<b>60</b>			

#### 4<sup>TH</sup> YEAR OF STUDIES

No.	Subject code	Subject/module title	Part of programme	Responsible theoretical or clinical department	Contact hours	ECTS credits	Semester(s)	Assessment form	Coordinating teacher
1.	MF/ILK/O(BH)-P02	Infectious Diseases and Pathology of the Oral Cavity	S	Department of Infectious Diseases	60	3	7	Examination	A. Mickienė
2.	OF/VOK/O(BH)-P36	Paediatric Dentistry and Dental Anomalies	S	Department of Preventive and Paediatric Dentistry	60	3	7	Examination	E. Slabšinskienė
3.	VSF/ADK/O(BH)-P19	Occupational Health for Oral Hygienists	S	Department of Environmental and Occupational Medicine	60	3	7	Examination	R. Ustinavičienė
4.	MF/VLK/O(BH)-P01	Children's diseases	S	Department of Paediatrics	60	3	7	Examination	J. Kudzytė
5.	OF/VOK/O(BH)-P66	Professional Oral Hygiene and Clinical Practice	S	Department of Preventive and Paediatric Dentistry	300	15	7.8	Credit, Examination	K. Saldūnaitė
6.	OF/ORD/O(BH)-P04	Oral Care of Orthodontic Patients	S	Department of Orthodontics	60	3	7	Examination	D. Smailienė
7.	OF/DŽO/O(BH)-PO3	Introduction into the Prosthetic Dentistry	S	Department of Prosthodontics	60	3	8	Examination	J. Junevičius
8.	SLF/GER/O(BH)-P01	Health Care of Older Adults	S	Department of Geriatrics	60	3	8	Examination	V. Lesauskaitė
9.	OF/VOK/O(BH)-P49	Practice	S	Department of Preventive and Paediatric Dentistry	180	9	8	Examination	K. Saldūnaitė
10.	OF/VOK/O(BH)-P70	Bachelor Thesis	S	Department of Preventive and Paediatric Dentistry	160	13	7.8	Credit, Examination	J. Zūbienė
11.	OF/VOK/O(BH)-P68	Final Practical Examination	S	Department of Preventive and Paediatric Dentistry	40	2	8	Examination	K. Saldūnaitė
<b>Total:</b>					<b>1100</b>	<b>60</b>			
<b>Total in the study programme:</b>					<b>4504</b>	<b>240</b>			

Abbreviations: B - General Subjects of the University; S – Core and compulsory subjects; K – Other subjects.

**Study programme: DENTAL HYGIENE**

**LIST OF SUGGESTED ELECTIVE SUBJECTS**

No.	Code	Elective subject	Contact hours	Credits	Assessment form	Coordinating teacher
<b>1<sup>st</sup> semester (5 credits)</b>						
1.	VSF/FES/O(BH)-P59	The Foundations of Spirituality	56	3.0	Project	A. Jagelavičius
2.	MF/KEK/O(BH)-P35	Introduction to Studies	54	3.0	Project	A. Eidimtas
3.	VSF/FES/O(BH)-P69	Logic	35	2.0	Project	E. Juozelis
4.	VSF/PMK/O(BH)-P41	Creating a career	37	2.0	Project	V. Šveikauskas
<b>2<sup>nd</sup> semester (6 credits)</b>						
1.	VSF/ADK/O(BH)-P14	Ecology	56	3.0	Project	Š. Alasauskas
2.	SLF/KSM/O(BH)-P18	Sports Games in Health Promotion	56	3.0	Project	E. Gurskienė
3.	VSF/FES/O(BH)-P52	Pop Culture and Medicine	56	3.0	Project	G. Urbonas
4.	VSF/FES/O(BH)-P57	Organisational Culture	56	3.0	Project	L. Danusevičienė
5.	MF/BCH/O(BH)-P09	First Medical Aid	56	3.0	Project	R. Šiugžda
<b>3<sup>rd</sup> semester (10 credits)</b>						
1.	VSF/ADK/O(BH)-P11	Personal Hygiene, Cosmetics, and Health	80	4.0	Project	R. Ustinavičienė
2.	VSF/ADK/O(BH)-P12	Baltic Sea Environment and Health	80	4.0	Project	J. Kirvaitienė
3.	MF/HIS/O(BH)-P04	Malformations of the Organs of the Face and Oral Cavity	56	3.0	Project	A. Valančiūtė
4.	SLF/KSM/O(BH)-P17	Prevention of Musculoskeletal Disorders for Oral Hygienists	56	3.0	Project	L. Šiupšinskas
5.	VSF/ADK/O(BH)-P15	Travel and health	56	3.0	Project	V. Vaičiulis
6.	GTF/BIO/O(BH)-P03	General Genetics	74	4.0	Project	L. Mickienė
7.	MF/KEK/O(BH)-P54	Second Foreign Language (Danish)	56	3.0	Project	L. Dulksnienė
8.	MF/KEK/O(BH)-P55	Second Foreign Language (Italian)	56	3.0	Project	L. Dulksnienė
9.	MF/KEK/O(BH)-P56	Second Foreign Language (French)	56	3.0	Project	L. Dulksnienė
10.	MF/KEK/O(BH)-P57	Second Foreign Language (Russian)	56	3.0	Project	L. Dulksnienė
11.	MF/KEK/O(BH)-P58	Second Foreign Language (German)	56	3.0	Project	L. Dulksnienė
12.	VSF/FES/O(BH)-P67	Biotechnology Ethics	56	3.0	Project	Ž. Luneckaitė
<b>4<sup>th</sup> semester (8 credits)</b>						
1.	GTF/BIO/O(BH)-P03	General Genetics	74	4.0	Project	L. Mickienė
2.	MF/FIK/O(BH)-P21	Pathology of the Face, Jaw and Mouth (Pat. Physiological Aspects)	36	2.0	Project	G. Kazlauskienė
3.	VSF/BEK/O(BH)-P03	Social Psychology	35	2.0	Project	S. Laskienė

4.	VSF/BEK/O(BH)-P04	Art Therapy	75	4.0	Project	P. Šedienė
5.	VSF/BEK/O(BH)-P05	Cultural Anthropology	75	4.0	Project	E. Peičius
6.	VSF/SVK/O(BH)-P01	Managing Conflicts of Interests in Health Care	36	2.0	Project	K. Selli
<b>5<sup>th</sup> semester (4 credits)</b>						
1.	VSF/ADK/O(BH)-P22	Healthy Nutrition	80	4.0	Project	L. Škėmienė
2.	VSF/SMK/O(BH)-P03	Basics of research Work Planning	74	4.0	Project	V. Jasiukaitienė
3.	VSF/ADK/O(BH)-P23	Environment and Health	70	4.0	Project	J. Kirvaitienė
<b>6<sup>th</sup> semester (5 credits)</b>						
1.	SLF/KSM/O(BH)-P15	Application of Aerobic and Strength Exercises in Health Promotion	56	3.0	Project	V. Poškaitis
2.	VSF/ADK/O(BH)-P13	Children and Youth Health	60	3.0	Project	R. Radišauskas
3.	MF/BCM/O(BH)-P10	Prophylactic Nutrition and the Nutrients	56	3.0	Project	L. Kuršvietienė
4.	OF/VOK/O(BH)-P58	Prevention of Oral Diseases in Children and Adolescents	90	5.0	Project	K. Saldūnaitė
5.	VSF/ADK/O(BH)-P20	Ergonomics	27	2.0	Project	P. Vasilavičius
6.	MF/KEK/O(BH)-P60	Second Foreign Language (Danish)	56	3.0	Project	L. Dulksnienė
7.	MF/KEK/O(BH)-P61	Second Foreign Language (Italian)	56	3.0	Project	L. Dulksnienė
8.	MF/KEK/O(BH)-P62	Second Foreign Language (French)	56	3.0	Project	L. Dulksnienė
9.	MF/KEK/O(BH)-P63	Second Foreign Language (Russian)	56	3.0	Project	L. Dulksnienė
10.	MF/KEK/O(BH)-P64	Second Foreign Language (German)	56	3.0	Project	L. Dulksnienė