



LITHUANIAN UNIVERSITY  
OF HEALTH SCIENCES



## FACULTY OF **NURSING**

BACHELOR DEGREE:  
**NURSING**

OCCUPATIONAL THERAPY  
PHYSIOTHERAPY

MASTER DEGREE:  
**ADVANCED NURSING  
PRACTICE**

**Have empathy, sympathy,  
compassion and want to help?**

Become the professional, valued around  
the world – choose studies  
at the Faculty of Nursing

# NURSING

## BACHELOR DEGREE

Duration – 4 years

Degree – Bachelor in Health Sciences

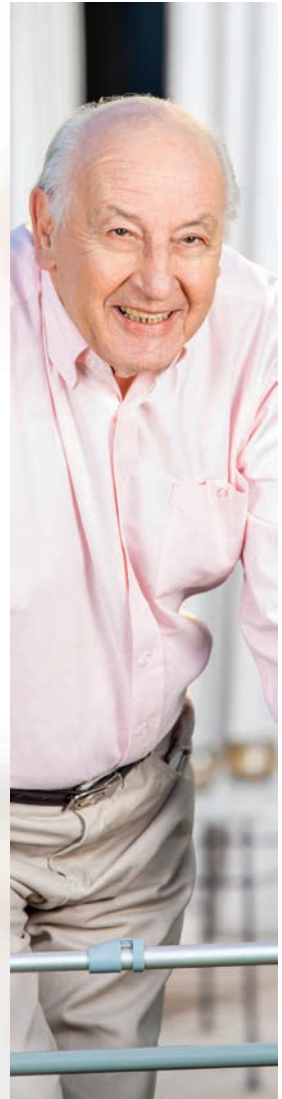
Qualification – General Practice Nurse

### WHY STUDY NURSING?

General practice nurses provide quality care for the persons in need – healthy or sick, encountering patients' experience and protecting patients, carrying out nursing procedures, performing tests, managing health care documentation and ensuring patients' biopsychosocial needs. Nurses are time-honored and one of the most demanded professionals all over the world.

### STUDY PROGRAMME SUMMARY

The study programme is implemented by the principle of modular training; theoretical subjects are combined with clinical practice. You will study humanitarian, social and biomedical sciences, health care fundamentals, human anatomy and physiology, genetics, pharmacology, nursing techniques, nursing models, nursing of the patients in all age groups and different diseases, leadership etc. Clinical nursing practice is performed annually and consists of more than 2300 bedside hours.





## CAREER OPPORTUNITIES

After completion of this programme, you will be able to work as a general practice nurse in public and private health care institutions of all health care levels: hospitals, outpatient clinics, institutions for children, nursing homes, home care.

## FURTHER STUDIES

Upon completion of the Nursing programme, you will be able to continue the studies in master level programmes, including the 2 years Advanced nursing practice Master's programme at LSMU.



# OCCUPATIONAL THERAPY

## BACHELOR DEGREE

Duration – 4 years

Degree – Bachelor in Health Sciences

Qualification - Occupational therapist

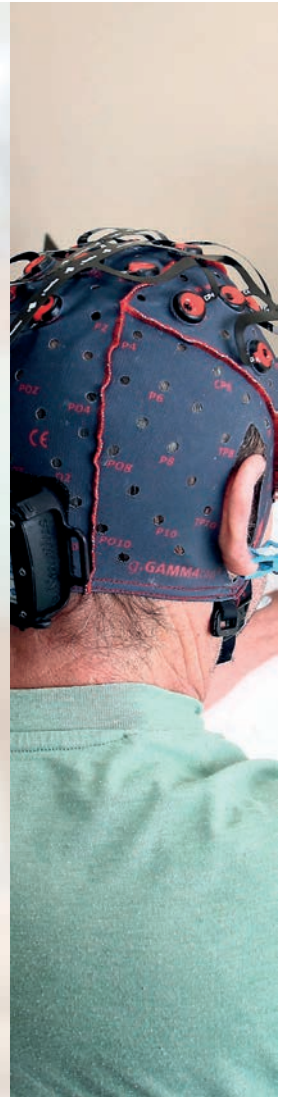
### WHY STUDY OCCUPATIONAL THERAPY?

Occupational therapy is an art and science of enabling engagement in everyday living through occupation; as well as enabling people to take steps that improve health and well-being so that all people may participate to their full potential in daily life despite their illnesses or injuries.

Occupational therapists work with patients who have experienced trauma, are suffering from acquired or congenital diseases, and help them to recover or develop skills needed for the activities of daily life, including selfcare, leisure, independent living and work.

The study programme is unique since education process is based on Problem Learning Method (PBL). PBL together with lectures, literature analysis helps students gain a deeper insight into the subject they are learning. It is an opportunity to put theoretical knowledge into practice. Students work in groups with tutors and try to solve real-life problems and situations.

This is the only study programme in Lithuania approved by World Federation of Occupational Therapy.





## STUDY PROGRAMME SUMMARY

In the first year of the studies, future occupational therapists study general education subjects: philosophy, ethics, psychology, sociology, and fundamentals of studies: first aid, anatomy, physiology, pathology and biomechanics. Later on, they start focusing on special (professional) subjects: the theory and models of occupational therapy, occupational therapy in the case of physical disability, psychiatry and pediatrics, etc. Students spend 1,000 hours in practice during their studies.

## CAREER OPPORTUNITIES

Occupational therapy graduates can pursue a career in various private and public health care institutions: hospitals, outpatient clinics, physical rehabilitation centers, community centers, vocational rehabilitation centers, schools, retirement homes etc.

## FURTHER STUDIES

After completing the Occupational Therapy programme, there is a possibility to continue studies in the biomedical sciences Master's and PhD studies.

# PHYSIOTHERAPY

## BACHELOR DEGREE

Duration – 4 years

Degree – Bachelor in Health Sciences

Qualification - Physiotherapist

### WHY STUDY PHYSIOTHERAPY?

Physiotherapy is an evidence-based autonomous profession that strives to develop, maintain and restore people's maximum movement and functional ability. Physiotherapy can help people at any stage of life, when movement and function are threatened by ageing, injury, diseases, disorders, conditions or environmental factors. Physiotherapists are the experts of human movement who help people to improve and sustain wellbeing within the various health spheres that include health promotion, injury and impairment prevention, treatment, habilitation and rehabilitation.

The work of a physiotherapist requires qualities such as love for people, willingness to help them, ability to listen. Also it requires leadership qualities, constant pursuit of new professional knowledge, and ability to work in a team with other medical professionals. If you have these qualities or are determined to develop them, it is worth choosing these studies.

This study programme is a member of European Network of Physiotherapy in Higher Education (ENPHE) since 2012.



European Network of Physiotherapy in Higher Education





## STUDY PROGRAMME SUMMARY

### I-II years

Anatomy, Physiology, Cytology, Genetics, First Aid, Psychology, Biochemistry, Professional Language, Biomechanics, Pharmacology, Pathology, Kinesiology, The Basics of Ergonomic, etc.

### III year

Physiotherapy in specific fields (Internal Medicine and Surgical Condition; Orthopedic and Traumatic Patients; Aquatic; Musculoskeletal; The Elderly; Obstetric and Gynecological, Pediatric etc.), Orthopedic, Motor Control, Fundamentals of Radiology, Massage, Rehabilitation and Neurological, etc.

### IV year

Informatics and Basics of Scientific Work, Rehabilitation, Physiotherapy in specific fields (Elderly, Obstetric and Gynecological, Pediatric), Clinical Practice (>1000 hours), Final Work of Bachelor Degree Thesis, Final Qualification Exam.

## CAREER OPPORTUNITIES

After completing the studies, graduates are well prepared for self-employment immediately after graduation. With the license graduates can pursue a physiotherapists career in various public and private health care institutions: hospitals, outpatient clinics, rehabilitation, social rehabilitation facilities, wellness centers, private clinics, supportive and nursing institutions, sports clubs licensed to provide health care, etc.

## FURTHER STUDIES

After completing the Physiotherapy programme, you can continue your education in the biomedical sciences Master's and PhD studies.

# ADVANCED NURSING PRACTICE

## MASTER DEGREE

Duration – 2 years

Degree – Master in Health Sciences

Qualification – Advanced Practice Nurse

Admission requirements: Applicants with a Bachelor degree in health sciences or nursing and a professional qualification in general practice nursing.

### WHY STUDY ADVANCED NURSING PRACTICE?

Advanced Nursing Practice is one of the most promising nursing education programmes that will help you reach the highest level of nursing skills. The first students of this program are often called “smart nurses”, because they are not only the main medical assistants in the fields of emergency medical practice, anesthesia and intensive care, but are also independent professionals who can substitute doctors for specific duties, work with complex specialized medical equipment, perform complex research and issue some prescriptions to patients.

### STUDY PROGRAMME SUMMARY

You will study such disciplines as Health Care System Management, Clinical Pharmacology, Pathophysiology, Health Status Assessment, Emergency and Chronic Condition Management, Special Anaesthesiology and Clinical Practice, etc.







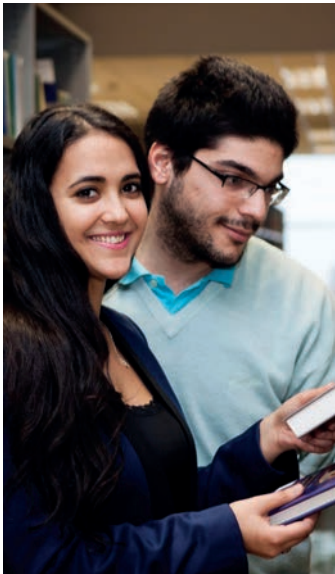
## CAREER OPPORTUNITIES

Once you become an advanced practice nurse, you will be able to work according to the chosen model of activity: independently or on the skill-mix principle and taking over the part of doctors' functions. You will be able to provide health care at home, primary or stationary health care institutions, nursing and supportive care hospitals, palliative care centers, etc.

## FURTHER STUDIES

Upon completion of the Advanced Nursing Practice programme, there is a possibility to continue to study in PhD programmes.





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## SELF DEVELOPMENT AND LEISURE ACTIVITIES

Nursing Faculty students can participate in various activities, Students' Scientific Society, students' scientific clubs of Midwifery, Occupational Therapy and Physiotherapy. *ERASMUS+* partnership with more than 50 universities gives a great opportunity to achieve international professional knowledge and practical skills for both students and lecturers. Under the *ERASMUS+* Student Exchange Program, there is a possibility to apply for practice or studies in different European universities.

LSMU has almost all facilities for sports: from basketball, tennis, volleyball, athletics, swimming to badminton and chess. There is also a University Student Council, student corporations, choir, folk dance groups.



Apply online  
<http://apply.lsmuni.lt>

Career opportunities:  
professions ensuring life-long jobs



## WHO Collaborating Centre for Nursing Education and Practice

The Faculty of Nursing is the WHO Collaborating Center for Nursing Education and Practice. Faculty organizes trainings and workshops for health care professionals from various countries (Kazakhstan, Thailand, Belarus, Ukraine etc.) and has strong collaboration ties with universities from Australia, USA, UK, Albania, Vietnam.



RESPECT LIFE



LITHUANIAN UNIVERSITY  
OF HEALTH SCIENCES



MORE INFORMATION AND ADMISSION INQUIRIES

International Relations and Study Centre

A. Mickevičiaus str. 9, LT 44307, Kaunas, Lithuania

Phone: +370 37 327 259   +370 659 07 224

fstudent@lsmu.lt

www.lsmu.lt <http://apply.lsmuni.lt>