



LSMU FRESHMEN GUIDE'25

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1 HELLO STUDENT!

Congratulations! You are now a student at the Lithuanian University of Health Sciences!

From now on you're going to spend a lot of time at the University, so we invite you to join student activities right away.

For a smooth study start we have prepared the FRESHMEN GUIDE. Here you will find the most relevant information and answers to the questions new students may have.



1.1. HOW TO GET TO KAUNAS AND LSMU?

KAUNAS AIRPORT



KAUNAS CITY BUS

Bus No. 29



**KAUNAS BUS AND TRAIN
STATION**



TAXI OR BOLT



VILNIUS AIRPORT



VILNIUS CITY BUS

Bus Nos. 88, 1, 2, 3G

At night: No. 88N



VILNIUS BUS AND TRAIN STATION



TAXI



TRAIN



SHUTTLE BUS



TRAIN



BUS



KAUNAS BUS AND TRAIN STATION

KAUNAS AIRPORT MAP

1.2.

Passenger terminal map

Taxi drop-off and pick-up map



TAXI

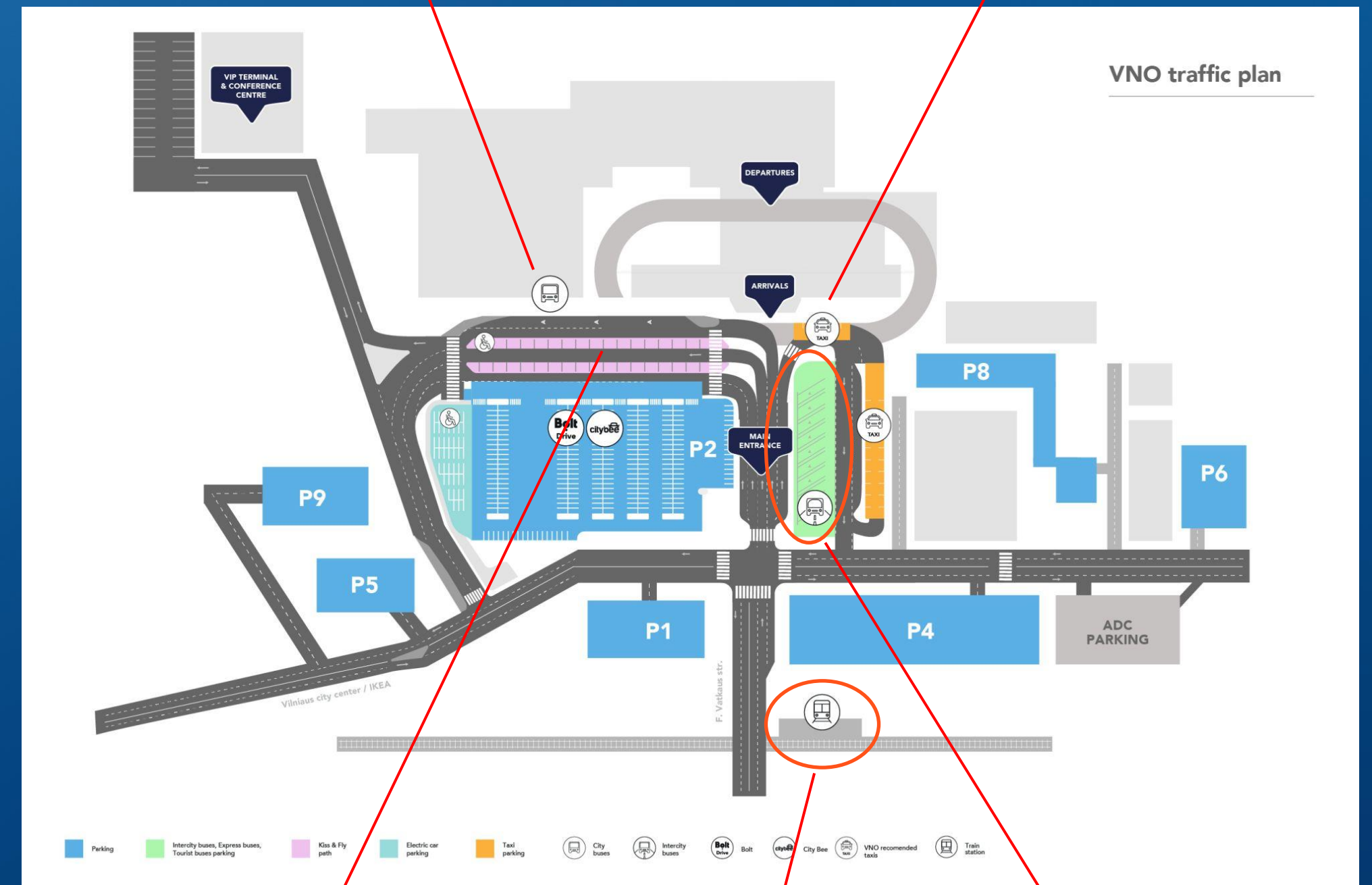
BOLT OR UBER

KAUNAS CITY BUS

VILNIUS AIRPORT MAP

VILNIUS CITY BUS

TAXI



BOLT OR UBER

TRAIN

SHUTTLE BUS

1.3. SHUTTLE BUS BETWEEN VILNIUS AND KAUNAS

OLLEX EXPRESS BUS

Route: Kaunas - Vilnius airport – Kaunas (Circle K Murava II)

Travel time approx. 1 hour 15 minutes

Price* ≈ approx. €15

*Tickets can be purchased online or at ticket offices

Tickets, timetables and more information can be found HERE



Circle K Murava II

BOLT OR UBER

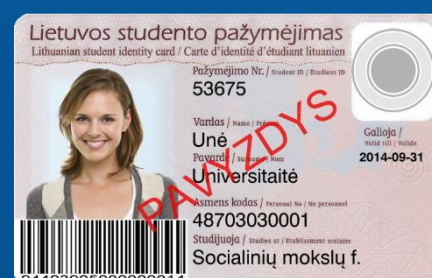
BUS No. 40 or No. 29

KAUNAS CITY CENTER

2 WHERE TO START?

LSIC

Lithuanian student identity card



It is one of the most important documents for students, as it provides discounts and makes everyday life easier. With this card, you will also be able to access the LSMU main library at any time of the day and borrow the textbooks you need.

If you have any questions write to info@lsmusa.lt

GET LSIC

ISIC

International student identity card



GET ISIC



Freshmen Facebook Groups

We live in the era of information technology, and social media has become an essential part of communication. The University community is no exception – we stay connected online too.

2.1.

FRESHMEN GROUPS

First, join this group on Facebook:

LSMU Freshmen 2025

Then join the Facebook group of your study program:

Faculty of Medicine

LSMU Medicine 2025-2026

**LSMU Laboratory Medicine and Biology
2025-2026**

**LSMU Medical and Veterinary Genetics
2025-2026**

Faculty of Odontology

LSMU Odontology 2025-2026

LSMU Dental Hygiene 2025-2026

Faculty of Veterinary Medicine

LSMU Veterinary Medicine 2025-2026

LSMU Food Science 2025-2026

Faculty of Animal Science

LSMU Animal Science 2025-2026

Faculty of Pharmacy

LSMU Pharmacy 2025-2026

Faculty of Nursing

LSMU Nursing 2025-2026

LSMU Physiotherapy 2025-2026

LSMU Occupational Therapy 2025-2026

Faculty of Public Health

**LSMU Health Psychology and Clinical Health
Psychology 2025 - 2026**

LSMU Applied Public Health 2025-2026

2.2. FRESHMEN CAMP (12-14 of September)

Freshmen Camp – This is where your life as a student begins. Here you will get to know fellow students, get reliable information about studies, the University, the Student Representative Office and much more!

Want to know more? Scan this QR code and stay updated on important information about the camp!

Freshmen Camp

**REGISTRATION WILL START AT
THE BEGINNING OF SEPTEMBER!**



3 UNIVERSITY LOGIN INFORMATION

YOUR LOGIN WILL AUTOMATICALLY BE ACTIVATED WITHIN 24 HOURS AFTER SIGNING THE CONTRACT.

One login name and password is used to connect to all University systems.
Login names are generated by this rule:

Name Surname, born in 2009 04 23. Example:

Username (User ID): namesurn0423

Password: namesurn2009

Lowercase
Latin letters

Important! When connecting to an Office 365 account (email, Teams), it is necessary to specify the domain me@kmu.lt in the login name.

Example: namesurn0423@kmu.lt

The password can only be changed in the study information system and the password is automatically changed for all university systems.

It is mandatory to use the LSMU-provided email account created under the agreement during the study period.

"Office 365" is available to all students and includes Word, Excel, and PowerPoint applications.

Get „Office 365“ in your own computer

If you experience problems when logging in, click [HERE](#) to get support

4 UNIVERSITY INFORMATION SYSTEMS

„LSMUSIS“ is an LSMU study information system where students submit their applications, personal data, get grades, and other information related to the studies' status.

Log in

Here you can:

See your Study Schedule:

My Schedule

See your Grades:

Academic Record

See your Acknowledgment card:

Acknowledgment Card

See your Payments for studies and dorms:

Payments

Submit applications:

Applications

Change your password:

Change the Password

Get Microsoft Office package for your computer:

User Information

Study Portal is a place where you can find a summary of all systems' information (The schedules, grades, Moodle courses, etc.)."

Study portal

„MOODLE“ is a virtual learning environment. Here you will find study materials provided by teachers. This is also where midterm and final evaluation tests take place.

Log in

UNIVERSITY EMAIL

<http://pastas.lsmuni.lt>

Your mailbox address: name.surname@stud.lsmu.lt

Email is one of the features of your Office365 account. You can also use the following functions: Teams, OneDrive (for document storage), calendar (you can synchronize with your study schedule).

CONTACTS:

If you acquire any problems when logging into any of the information systems

Help

5

STUDY SCHEDULE

You can see your study schedule by logging into LSMUSIS.

Application Grid:

LSMUSIS -> Schedules

Select filter parameters -> Study level -> Study program -> Course and year of study

Check your schedule

View your selected schedule

Synchronize your schedule with your calendar

Choose a format that is convenient for you

The screenshot displays the 'My schedule' page in the LSMUSIS application. The sidebar on the left contains links for 'MY SCHEDULE', 'SCHEDULE', 'BUSYNESS OF AUDITORIUM', 'ORDERS OF AUDITORIUM', 'REPORTS', 'PERSONAL ROOMS SET', and 'PERSONAL SUBJECTS SET'. The main area shows a monthly calendar for September 2022. The calendar has tabs for 'Day', 'Week', '2 Weeks', 'Month', and 'Agenda'. The 'Month' tab is selected, showing a grid of days with course slots. The slots are color-coded (blue and orange) and include time ranges like '08:00-12:30'. The top right of the interface shows user information and a 'Suggest' button.

Schedule

6 ACCOMMODATION

University dormitory

The first-year students may apply for accommodation in the LSMU dormitory:

- **Dormitory no. 1** on Dainavos st. 3, **Dormitory no. 5** on Sukilėlių st. 53 and **Dormitory no. 8** on Radvilų Dvaro st. 33.
- All students who have paid their tuition fee will receive a link to the dormitory registration and later receive an email about the dormitory place.

SUBMIT AN APPLICATION

Apartment rental

Students in the upper years are required to find accommodation by themselves.

Admission officers in the International Relations and Study Centre may assist students in the search for accommodation.

Solo Society **Student House**

Address: Kestucio st. 36, Kaunas
Phone: +37061599996
Email: info@solosociety.lt

Student **Residence Hall**

Address: Kurpių st. 26, Kaunas
Phone: +37060058806
Email: info@studentresidencehall.com

Hotel BEST **BALTIC Kaunas**

Address:
A. Mickevičiaus st. 28, Kaunas
Phone: +370 618 31066 (viber, whatsapp available)
Email: kaunas@bestbaltichotels.eu

Real estate **agencies**

Capital Kaunas
Ober-Haus Kaunas
Forto siena Kaunas

Cozy Apartments

Address:
A. Mickevičiaus st. 6, Kaunas

Others

www.skelbiu.lt*
www.aruodas.lt/

MORE INFORMATION

*Be aware of scams

7 MAP OF THE DORMS



[More](#)

8

UNIVERSITY DEPARTMENTS



LSMU Medical academy. Main building

Adress: A. Mickevičiaus st. 9, Kaunas
Phone No.: (0 37) 32 72 01

LSMU Veterinary academy. Main building

Adress: Tilžės st. 18, Kaunas
Phone No.: (0 37) 36 23 83



Faculty of Pharmacy
Centre for the Advanced
Pharmaceutical and Health
Technologies
(Sukilėlių ave. 13)

Faculty of Medicine
(A. Mickevičiaus st. 9)

Faculty of Odontology
(A. Lukšos-Daumanto st. 2, 2nd floor)

Faculty of Nursing
(Eivenių st. 2)

Faculty of Public Health
(Tilžės st. 18)

Department of Languages and
Education
(Jankaus st. 2, the same entrance
as to the 2nd dorm)

Department of Sports Medicine
(Tilžės st. 18)

LSMU Library and Information
Center
(Eivenių st. 6)

Faculty of Animal Science
(Tilžės st. 18)

Faculty of Veterinary Medicine
(Tilžės st. 18)

Dr. L. Kriaučeliūno
Small Animal Clinic
(Tilžės st. 18)

Large Animal Clinic
(Tilžės st. 18)

Wildlife Rescue Centre
(Jurginų st. 6, Naujieji Muniškiai,
Kaunas Dist.)

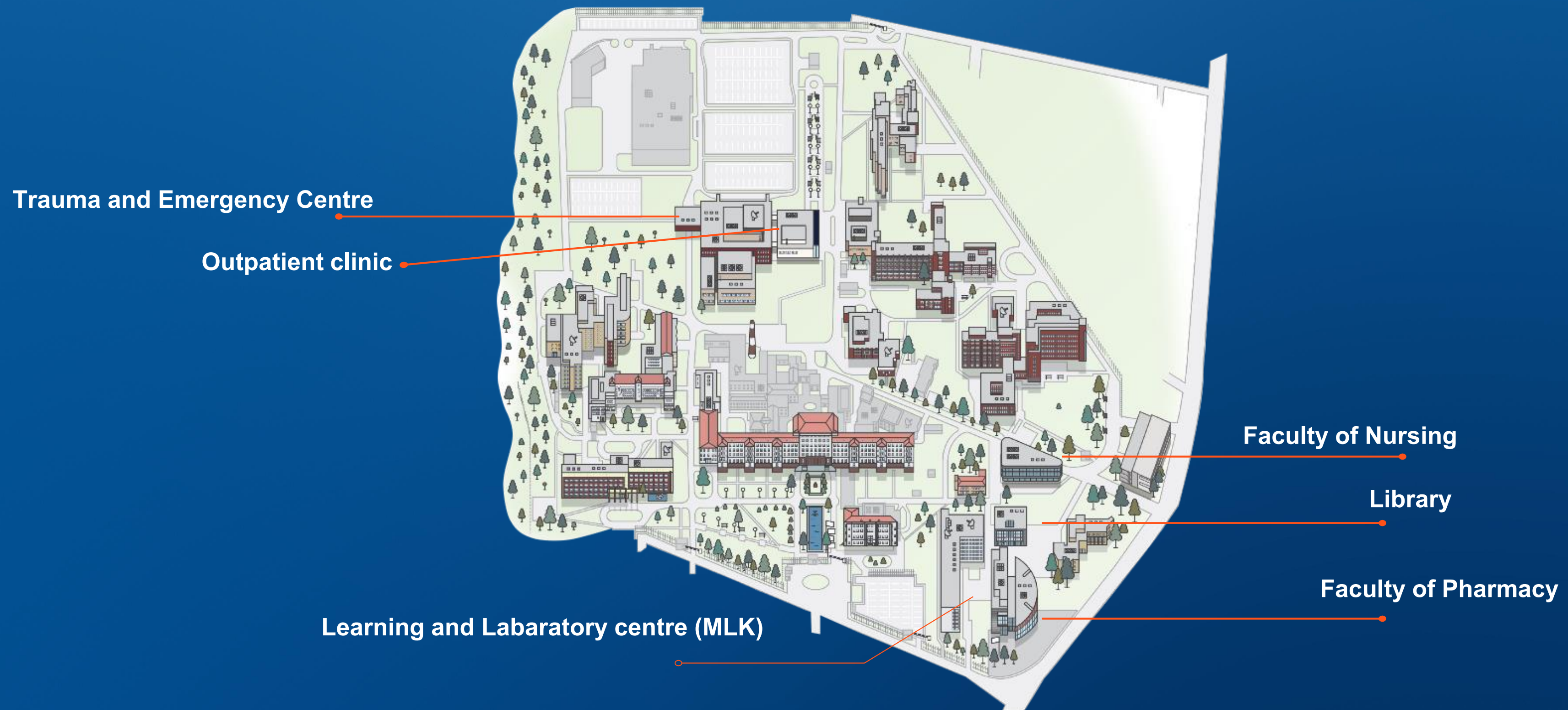
Anatomicum
(Tilžės st. 18)

4th building. VA Library and
Auditorium 2 is located in this
building.
(Tilžės st. 18)

5th building.
Auditoriums 3 and 4 are located
in this building
(Tilžės st. 18)

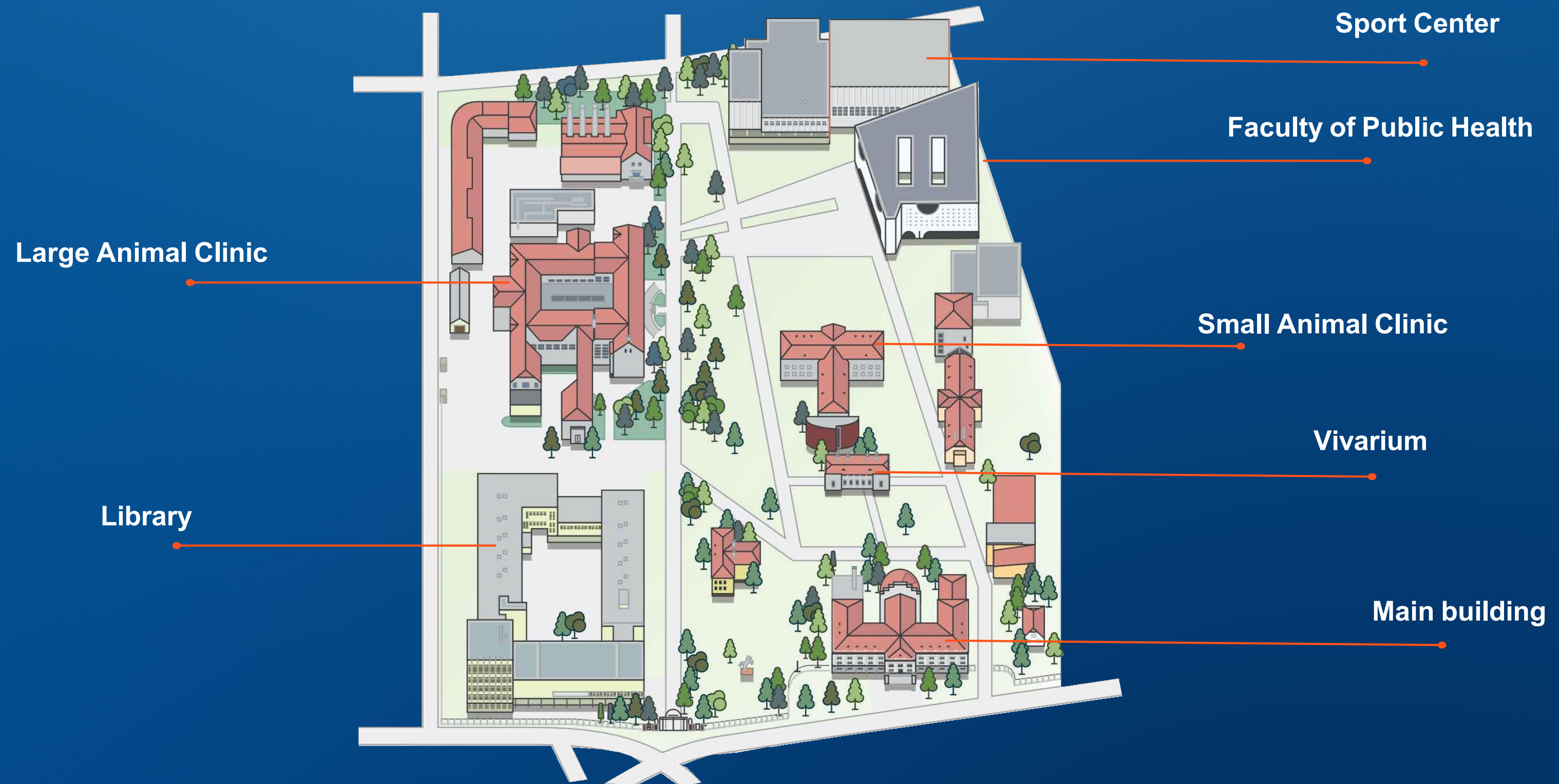
8.1.

KAUNAS CLINICS MAP



8.2.

LSMU VETERINARY ACADEMY MAP



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PUBLIC TRANSPORT BETWEEN THE DEPARTMENTS



Bus Stop: Griunvaldo st.
Bus: 34G, 43, 67
Trolleybus: 4

Bus Stop: Klinikos
Bus: 41 (towards Kėdainių st.)

LITHUANIAN UNIVERSITY OF HEALTH
SCIENCES KAUNO CLINICS

Bus Stop: Klinikos
Bus: 34G, 43, 67
Trolleybus: 4 (towards Griunvaldo st.)

Bus Stop: Kėdainių st.
Bus: 41 (towards Klinikos)



MEDICAL ACADEMY
MAIN BUILDING

Bus Stop: Kėdainių st.
Trolleybus: 7 (towards Griunvaldo st.)

Bus Stop: Griunvaldo st.
Trolleybus: 7 (towards Kėdainių st.)



VETERINARY ACADEMY
MAIN BUILDING

Download the Mobile Apps:

Trafi I>>



10 SCHOLARSHIPS

WHILE YOU'RE STUDYING, YOU CAN APPLY TO GET A SCHOLARSHIP:

Incentive scholarship

Nominal Scholarship

One-time Incentive Scholarship

Lithuanian State Scholarship

More

YOU CAN ALSO GET FINANCIAL SUPPORT:

ERASMUS+ financial support for outgoing studies

Support for Students who belong to disadvantaged groups

Support for Lithuanians from Abroad

CHANCEN eG Income Share Agreement program

Support of non-state funded studies

11 SPECIAL LEARNING NEEDS AND DISABILITIES

The University creates an open and friendly study environment for all students, it aims to meet the individual needs of students by increasing access to studies and fosters a culture of equality and non-discrimination.

ACADEMIC HELP

- Alternative examination methods can be applied for students with special learning disabilities
- Adaptation of the study environment

More

Student Union (SA) – provides opportunities for students with special needs to get involved in SA activities and represents them

Student affairs office (SAO) – coordinates the organization and counseling of students with disabilities and/or special needs.

12 PSYCHOLOGICAL SUPPORT

Are you struggling, need someone to talk to? Come along – together, we can navigate through challenges and find a solution more easily!

We offer individual psychological counselling to the LSMU students.

PSYCHOLOGICAL SUPPORT includes:

- Individual consultations (remote or face-to-face)
- Group consultations
- Participation in trainings

More

Registration for Remote consultations

Registration for Face-to-face consultations

13 HEALTH INSURANCE

Full Health Insurance, covering all medical expenses, is **compulsory** to have in Lithuania during your studies.

AON student insurance will keep you insured for the following:

- Medical costs – including urgent dental help
- Repatriation, extra costs, 24/7 emergency assistance helpline
- Liability
- Home contents and baggage
- Accidents
- Legal aid

More

Hospitals that you can visit in case of emergencies:

- Kauno Klinikos
- Kauno miesto poliklinika
- Aušros medicinos centras (private, so make sure that your insurance can cover it)

More about insurance

14 BANK ACCOUNT



IF YOU NEED TO OPEN A BANK ACCOUNT IN LITHUANIA, YOU CAN USE ONE OF THESE BANKS:

- Swedbank
- SEB
- Luminor
- Artea
- Revolut

TO OPEN A BANK ACCOUNT, YOU MUST BRING:

- Valid identity document: passport or national ID card
- Certificate of enrollment at the university (you will get it during the registration week)

15 QUALITY OF STUDIES AND ASSESSMENT OF STUDY ACHIEVEMENTS

Studies at LSMU are performed through contact, mixed and online learning. Completion of the study program and study plan (participation in contact hours classes) is **mandatory** for students.

QUALITY OF STUDIES

Students are encouraged to be active participants in the study process and contribute to improving the quality of studies by participating in meetings, interviews, and filling out feedback surveys.

“QUALITY THERMOMETER” is a tool in the University information system LSMUSIS.

It will allow you to EVALUATE:



- completed module (subject)
- quality of teaching
- your contribution

[More](#)

[Regulation Of Studies](#)

[Code Of Ethics](#)

ASSESSMENT OF STUDY ACHIEVEMENTS

IN CASE OF MORE THAN 25% ABSENCE FROM CLASSES, THE STUDENT WILL BE REQUIRED TO RETAKE THE MODULE.

The exam results or other student achievement evaluations are uploaded to LSMUSIS within 5 working days after the evaluation.

Appeals may be submitted via LSMUSIS. It regarding:

- Exam within 2 working days after getting the result.
- Midterm exam within 1 working day after getting the result.
- Evaluation process within 3 working days after the evaluation

A student who has failed an exam, homework, project, or other form of evaluation, has the right to retake it twice, free of charge but no later than by the end of the current study year, i.e., August 31st.

WHERE TO ASK IF I HAVE QUESTIONS?

SOCIAL STUDENT SUPPORT:

Laima Piliponienė

Administration of tuition fees
A. Mickevičiaus st. 9, room 113
laima.piliponiene@lsmu.lt

Rūta Antanaitienė

Students' admission, Insurance
A. Mickevičiaus st. 9, room 111
Phone: +370 37 327259
ruta.antanaitiene@lsmu.lt

Aušra Dapkevičienė

Migration
A. Mickevičiaus st. 9, room 112
Phone: +370 37 396052
ausra.dapkeviciene@lsmu.lt

Asta Raupelytė

Psychologist
A. Mickevičiaus st. 9, room 120
asta.raupelyte@lsmu.lt

Aušra Surantienė

Accommodation
A. Mickevičiaus st. 9, room 111
Phone: +370 659 08381
asta.surantiene@lsmu.lt

Gerda Grigaitė

Erasmus+ studies for Medicine and Veterinary Medicine
A. Mickevičiaus st. 9, room 127
Phone: +370 37 395819
gerda.grigaite@lsmu.lt

Paulina Inkrataitė

Erasmus+ traineeships and other study programs
A. Mickevičiaus st. 9, room 124
Phone: +370 37 327312
paulina.inkrataite@lsmu.lt

ACADEMIC SUPPORT/FACULTY COORDINATORS:

Milda Stankevičė

Coordinator (years 1-2)
Faculty of Medicine
Phone: +370 37 387369
milda.stankevice@lsmu.lt

Gabija Stoškutė

Coordinator (years 3-6)
Faculty of Medicine
Phone: +370 37 387626
gabija.stoskute@lsmu.lt

Enrika Morkienė

Chief Administrator
Faculty of Nursing
Eivenių st. 4, room 640
Phone: +370 37 327234
enrika.morkiene@lsmu.lt

Aleksej Omeljančiuk

International Program Coordinator
Faculty of Public Health
Tilžės st. 18, room 223
Phone: +370 37 327362
aleksej.omeljanciuk@lsmu.lt

Agnė Mazurkevičiūtė

International Program Coordinator
Faculty of Pharmacy
Sukilėlių ave. 13, room 216
Phone: +370 37 327 291
agne.mazurkeviciute@lsmu.lt

Martina Kleinaitė

International Program Coordinator
Faculty of Odontology
J. Lukšos-Daumanto st. 2, room 4
Phone: +370 37 338365
martina.kleinaite@lsmu.lt

Irena Žikas

International Program Coordinator
Faculty of Veterinary medicine
Vet. Academies Main Building, room 110
irena.zikas@lsmu.lt

Vita Novickienė

Chief Administrator
Faculty of Animal Science
Phone: +370 37 361 936
vita.novickiene@lsmu.lt

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WHERE TO ASK IF I HAVE QUESTIONS?

Student Affairs Office

This is a team that cares about the well-being and career success of LSMU students.

You can ask about: student welfare, psychological, social and financial assistance, individual needs, career, employment, student admission, additional practice.

SAO

Study center

Coordinates first-, second-cycle and integrated studies, ensuring that students are informed at the right time about study issues.

You can ask about: studies and timetables, certificates of studies, change of group, study plans, student cards.

SC

LSMU SA

An independent, non-profit, non-political organization representing the interests of university students.

You can ask about: academic, social, study quality, academic integrity issues, scholarships, or student cards issuance.

International Committee of LSMU SA → ICOSA

LSMU SA

International Relations and Study Centre

Organizes foreign students' studies and student and staff exchange programs.

You can ask about: ERASMUS+ studies and internships.

IRSC

ERASMUS+

Dean's office of the faculty

Coordinates study subjects, organizes cooperation between teachers and students.

You can ask about: administration of the faculty study process, academic leave.

FACULTIES

18

GROUP AND COURSE MONITORS

By the middle of September, each group must choose its group monitor. Later, group monitors choose a monitor who represents the entire course.

IMPORTANT! Monitors do not receive the monitor's scholarship.

- A monitor is the main representative of his group or course.
- The term for a monitor is one academic year (however, usually the same person remains a monitor throughout all study years).
- The group monitor cooperates with the course monitor, teachers, LSMU SA (or ICOSA), University administration, and other University institutions.
- Group monitor must provide their contact information to LSMU SA (or ICOSA).
- The group monitor must convey to the group all relevant information related to the study quality and process, as well as know the most important documents - the Study Regulations and the University Statute.
- The group monitor mediates the coordination of schedules when necessary.
- We recommend that every new monitor takes part in the "Monitors training" organized by LSMU SA International Committee - these monitors get familiar with the University structure and documents.

WHERE TO ASK?

PROBLEM



GROUP MONITOR



COURSE MONITOR



LECTURER



MODULE COORDINATOR



THE HEAD OF DEPARTMENT



STUDY PROGRAMME COMMITTEE



STUDY CENTRE

OR

PROBLEM



STUDENT UNION (LSMU SA or ICOSA)

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STUDY ABROAD OPPORTUNITIES

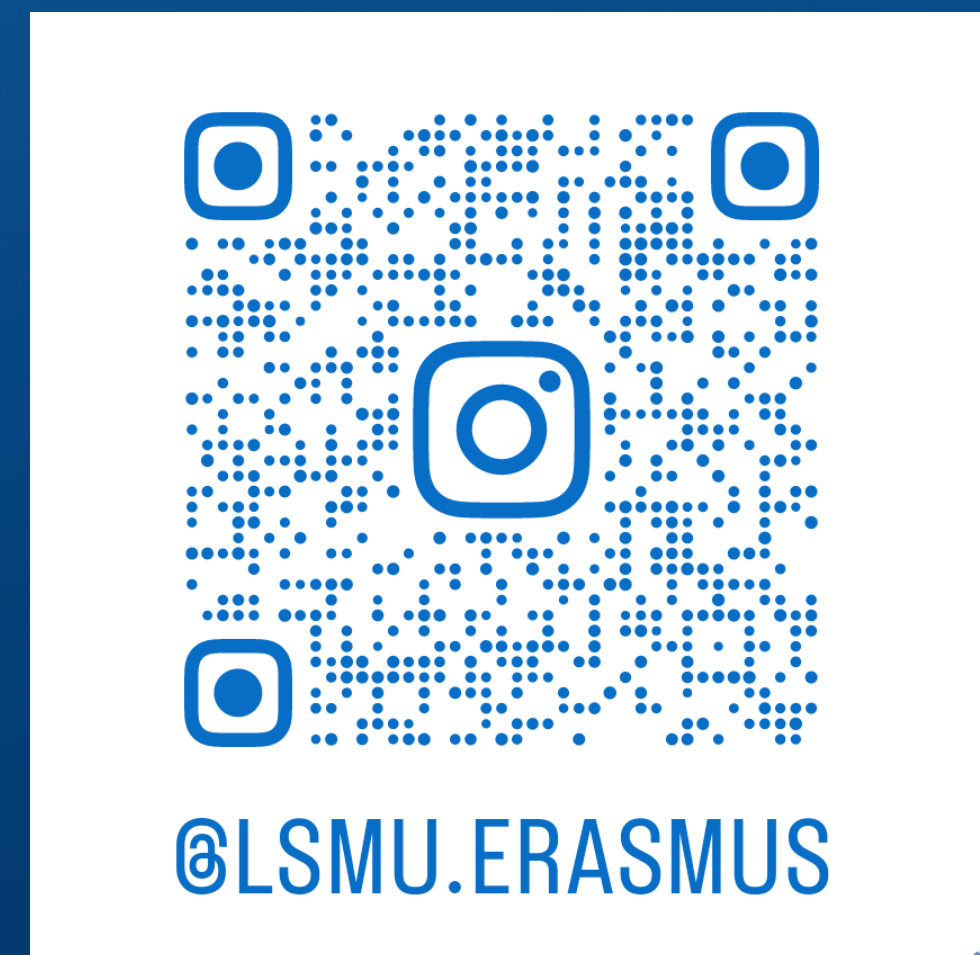
Have you ever dreamed of studying the way that French, Portuguese or Turkish students study? Or maybe you want to be in an operating room in an Italian hospital? Do you dream of doing an internship in a stud farm in Germany? Or would you like to get to know the culture and traditions of another country? Maybe you are attracted by travel opportunities? If you answered “Yes” at least once, don’t hesitate to come! And we will help you decide!

From your second year of your studies, you can go on ERASMUS+ mobility!

More

You are welcome to visit the International Relations and Study Center, located at the Medical Academy (A. Mickevičiaus st. 9), where you can find all the information about the Erasmus+ student exchange program:

For Erasmus+ study opportunities, please contact Monika Grincaitė, monika.grincaite@lsmu.lt, room 127.
For Erasmus+ traineeships, please reach out to Lidija Cibulskaitė, lidija.cibulskaitė@lsmu.lt, room 124.



STUDENT WELL-BEING AND WELFARE

LIBRARY

LSMU Library and
Informaston Center
Eivenių st. 6

- Library provides the following services:
- Information
- Copying, printing, scanning
- Document binding
- Interlibrary loan
- Group study room reservations

MORE



LSMU VA

Library
Tilžės st. 18



HEALTHY LIFESTYLE CONSULTATION

Provides education on healthy lifestyle and reducing chronic disease risk. Helps find personalized solutions in areas such as nutrition, physical activity, harmful habit reduction, stress management, and strengthening psychological resilience

PSYCHOLOGICAL SUPPORT

EMERGENCY MEDICAL AID

PETS AT THE UNIVERSITY



21

LEISURE TIME

STUDENT REPRESENTATION, ASSOCIATIONS, SOCIETIES:

- LSMU SA – Student Union
- ICOSA – SA International Committee of SA
- SA – LSMU Student Union
- ICOSA – International Committee of SA
- JGA – Association of Young Doctors
- LiPSA – Lithuanian Psychology Students Association
- LSMU SMD – Student Scientific Society
- LSMU VASA – Veterinary Academy Student Association
- LIVSU – Lithuanian International Veterinary Student Unity
- SFD – Society of Student Pharmacists
- VSSD – Society of Public Health Students
- LiMSA – Lithuanian Medical Students Association
- SOA – Student Dental Association
- LSMU students and doctors corporation
- "Fraternitas Lituanica"
- Corp! "Gaia"
- ESN LSMU - Erasmus Students Network LSMU

THE SPORTS CENTER

Sports teams: athletics, basketball, swimming, tennis, ping pong, aerobic gymnastics, chess, badminton, volleyball.

ACADEMIC PASTORAL CARE

VOLUNTEERING AT LSMU

ADDITIONAL INTERSHIP

STUDENT ACTIVITIES

ARTISTIC ACTIVITIES

- LSMU LSMU Folk dance group Ave Vita



MORE

- LSMU Folk dance group Džigūnas



MORE

- LSMU Academic choir Neris



MORE

- SALTO – Ballroom dance group



MORE

22 MORE ABOUT ICOSA

The International Committee Of LSMU SA, is a non-profitable student organization. At ICOSA, we are committed to making sure that every student's voice is heard, regardless of the language they speak. Our student organization has five different committees that focus on seven different goals: Academics, Science, Entertainment, Sports, and Public Relations.

We work together to create events such as conferences, parties, workshops, charity, sports tournaments, and events to raise money for orphanages in Lithuania.

CONTACTS:

For more information you can contact ICOSA@lsmusa.lt or international.sa.lsmu@gmail.com

Facebook: <https://www.facebook.com/icosalsmu>.

Instagram:

LSMU SA

ICOSA



**LSMU SA
CURATORS**

