

STUDY FIELD – PSYCHOLOGY
UNDERGRADUATE STUDY PROGRAMME “HEALTH PSYCHOLOGY” (English Language)

2024–2025 ACADEMIC YEAR

YEAR 1

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	MF/KEK/SP-PU11	Introduction to Health Psychology Studies	BU	Languages and Education	36	3	I	Examination	E. Butrimė
2.	VSF/BEK/SP-PU06	Humanitarian and Social Sciences	BU	Bioetics	120	12	I	Examination	J. Kuznecovienė
3.	VSF/SPK/SP-PU61	General Psychology and Psychologist's Practice	SK	Health Psychology	72	6	I	Examination	G. Širvinskienė
4.	VSF/SPK/SP-PU51	History of Psychology	SK	Health Psychology	36	3	I	Examination	J. S. Almonaitienė
5.	VSF/SPK/SP-PU40	Introduction to Scientific Methodology	SK	Health Psychology	36	3	I	Examination	J. Lukoševičiūtė-Barauskienė
6.	MF/KEK/SP-PU10	International Professional Terminology and Lithuanian (foreign) Language	K	Languages and Education	54	3	I	Intermediate credit	L. Alešiūnaitė
7.	VSF/SPK/SP-PU56	Psychophysiology and Biological Basis of Behaviour	SK	Health Psychology	170	12	II	Examination	L. Leonas
8.	VSF/SPK/SP-PU58	Psychology of Communication and Rhetorics	SK	Health Psychology	72	6	II	Examination	D. Genutytė
9.	MF/FMB/SP-PU04	Basics of Statistics	BU	Physics, Mathematics and Biophysics	36	3	II	Examination	I. Grabauskytė
10.	MF/KEK/SP-PU10	International Professional Terminology and Lithuanian (foreign) Language	K	Languages and Education	54	3	II	Examination	L. Alešiūnaitė
11.		Elective Course	P	By elective course	36	3	II	Examination	
12.		Elective Course	P	By elective course	36	3	II	Examination	
Total in the Year 1:					758	60			

YEAR 2

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	VSF/SPK/SP-PU60	Developmental Psychology	SK	Health Psychology	108	9	III	Examination	G. Širvinskienė
2.	VSF/SPK/SP-PU85	Cognitive Psychology	SK	Health Psychology	80	6	III	Intermediate credit	L. Leonas
3.	VSF/SPK/SP-PU62	Methodology and Statistics in Psychological Research	SK	Health Psychology	72	6	III	Examination	J. Lukoševičiūtė-Barauskienė
4.	MF/KEK/SP-PU81	Academic Literacy	SK	Health Psychology	36	3	III	Examination	J. S. Almonaitienė
5.	VSF/SPK/SP-PU52	Social Psychology	SK	Health Psychology	72	6	III	Examination	J. S. Almonaitienė
6.	VSF/SPK/SP-PU85	Cognitive Psychology	SK	Health Psychology	120	9	IV	Examination	L. Leonas
7.	VSF/SPK/SP-PU39	Professional Ethics and Law of Psychologist	SK	Health Psychology	72	6	IV	Examination	L. Šalčiūnaitė-Nikonovė
8.	VSF/SPK/SP-PU53	Personality Psychology	SK	Health Psychology	72	6	IV	Examination	J. Jonynienė
9.	VSF/SPK/SP-PU42	Basics of Experimental Psychology	SK	Health Psychology	36	3	IV	Examination	L. Leonas
10.	VSF/SPK/SP-PU43	Course Work: Scientific Literature Review	SK	Health Psychology	24	3	IV	Individual project	J. Lukoševičiūtė-Barauskienė
11.		Elective Course	P	By Elective Course	36	3	IV	Examination	
Total in the Year 2:					728	60			

YEAR 3

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	VSF/SPK/SP-PU82	Clinical Psychology	SK	Health Psychology	108	9	V	Examination	A. Juškienė
2.	VSF/SVK/SP-PU04	Health Care System, Economics and Management	BU	Health Management	36	3	V	Examination	M. Stankūnas
3.	MF/EMK/SP-PU03	First Aid	BU	Extreme Medicine	36	3	V	Examination	A. Krikščionaitienė
4.	MF/PSI/SP-PU03	Psychiatry	SK	Psychiatry	108	9	V	Examination	V. Steiblienė
5.	VSF/SPK/SP-PU66	Health Psychology and Teamwork	SK	Health Psychology	72	6	V	Examination	J. Žilinskienė
6.	VSF/SPK/SP-PU67	Psychological Assessment	SK	Health Psychology	72	6	VI	Examination	A. Stanytė

7.	VSF/SPK/SP-PU44	Course Work: Conducting Research Study	SK	Health Psychology	18	3	VI	Individual project	J. Lukoševičiūtė-Barauskienė
8.	VSF/SPK/SP-PU86	Education Psychology	SK	Health Psychology	36	3	VI	Examination	J. Razgulin
9.	VSF/SPK/SP-PU64	Practice of Psychological Assessment and Educational Psychology	SK	Health Psychology	72	6	VI	Individual project	J. Razgulin
10.	VSF/SPK/SP-PU84	Family and Parenting Psychology	SK	Health Psychology	36	3	IV	Examination	J. Žilinskienė
11.	VSF/SPK/SP-PU83	Data Analysis Methods	SK	Health Psychology	72	6	VI	Examination	L. Šalčiūnaitė-Nikonovė
12.		Elective Course	P	By Elective Course	36	3	VI	Examination	
Total in the Year 3:					702	60			

YEAR 4

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	VSF/SPK/SP-PU70	Trauma and Crisis Psychology	SK	Health Psychology	72	6	VII	Examination	L. Digrytė-Šertvytienė
2.	VSF/SPK/SP-PU54	Psychological Counselling	SK	Health Psychology	72	6	VII	Examination	J. Jonynienė
3.	VSF/SPK/SP-PU55	Psychological Counselling Practice	SK	Health Psychology	48	4	VII	Individual project	L. V. Sinkevičius
4.	VSF/SPK/SP-PU71	Work and Organizational Psychology	SK	Health Psychology	48	4	VII	Examination	D. Antinienė
5.	VSF/SPK/SP-PU50	Mental Health Policy	SK	Health Psychology	24	2	VII	Examination	L. V. Sinkevičius
6.	VSF/SPK/SP-PU48	Research Methodology in Health Psychology	SK	Health Psychology	60	5	VII	Examination	A. Saudargienė
7.		Bachelor's Thesis	BD	By choice	8	3	VII	Intermediate credit	
8.	VSF/SPK/SP-PU73	Group Psychology	SK	Health Psychology	60	5	VIII	Examination	D. Genutytė
9.	VSF/SPK/SP-PU72	Observational practice	SK	Health Psychology	84	7	VIII	Individual project	L. Digrytė-Šertvytienė
10.		Bachelor's Thesis	BD	By choice	24	12	VIII	Individual project	

11.		Elective Course	P	By Elective Course	48	4	VIII	Examination	
12.		Elective Course	P	By Elective Course	24	2	VIII	Examination	
Total in the Year 4:					572	60			
Total in the programme:					2760	240			

The programme of undergraduate studies "Health Psychology" in foreign language (English) for the year 2024/2025 was approved by the Council of FPH on October 14, 2023, No. of the protocol VSF8-13.