

STUDY FIELD – PSYCHOLOGY
UNDERGRADUATE STUDY PROGRAMME “HEALTH PSYCHOLOGY” (English Language)

2023–2024 ACADEMIC YEAR

YEAR 1

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	MF/KEK/SP-PU11	Introduction to Health Psychology Studies	BU	Languages and Education	36	3	I	Examination	E. Butrimė
2.	VSF/BEK/SP-PU06	Humanitarian and Social Sciences	BU	Bioetics	120	12	I	Examination	J. Kuznecovienė
3.	VSF/SPK/SP-PU61	General Psychology and Psychologist's Practice	SK	Health Psychology	72	6	I	Examination	G. Širvinskienė
4.	VSF/SPK/SP-PU51	History of Psychology	SK	Health Psychology	36	3	I	Examination	J. S. Almonaitienė
5.	VSF/SPK/SP-PU40	Introduction to Scientific Methodology	SK	Health Psychology	36	3	I	Examination	J. Lukoševičiūtė-Barauskienė
6.	MF/KEK/SP-PU10	International Professional Terminology and Lithuanian (foreign) Language	K	Languages and Education	54	3	I	Intermediate credit	L. Alešiūnaitė
7.	VSF/SPK/SP-PU56	Psychophysiology and Biological Basis of Behaviour	SK	Health Psychology	170	12	II	Examination	L. Leonas
		Cell biology		Biological systems and genetic research	8				N. Bulatova
		Anatomy		Anatomy	36				N. Paužienė
		Histology		Histology and embryology	30				J. Palubinskienė
		Biochemistry		Biochemistry	16				O. Arandarčkaitė
		Neurophysiology and physiology of body systems		Physiology and Pharmacology	49				G. Svirskis
		Biological basis of behaviour		Health Psychology	31				L. Leonas
8.	VSF/SPK/SP-PU58	Psychology of Communication and Rhetorics	SK	Health Psychology	72	6	II	Examination	D. Genutytė

9.	MF/FMB/SP-PU04	Basics of Statistics	BU	Physics, Mathematics and Biophysics	36	3	II	Examination	I. Grabauskytė
10.	MF/KEK/SP-PU10	International Professional Terminology and Lithuanian (foreign) Language	K	Languages and Education	54	3	II	Examination	L. Alešiūnaitė
11.		Elective Course	P	By elective course	36	3	II	Examination	
12.		Elective Course	P	By elective course	36	3	II	Examination	
Total in the Year 1:					758	60			

YEAR 2

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	VSF/SPK/SP-PU60	Developmental Psychology	SK	Health Psychology	108	9	III	Examination	G. Širvinskienė
2.	VSF/SPK/SP-PU57	Cognitive Psychology	SK	Health Psychology	96	6	III	Intermediate credit	L. Leonas
3.	VSF/SPK/SP-PU62	Methodology and Statistics in Psychological Research	SK	Health Psychology	72	6	III	Examination	J. Lukoševičiūtė-Barauskienė
4.	MF/KEK/SP-PU09	Lithuanian (Foreign) Language II	K	Languages and Education	36	3	III	Examination	L. Alešiūnaitė
5.	VSF/SPK/SP-PU52	Social Psychology	SK	Health Psychology	72	6	III	Examination	J. S. Almonaitienė
6.	VSF/SPK/SP-PU57	Cognitive Psychology	SK	Health Psychology	96	6	IV	Examination	L. Leonas
7.	VSF/SPK/SP-PU39	Professional Ethics and Law of Psychologist	SK	Health Psychology	72	6	IV	Examination	L. Šalčiūnaitė-Nikonovė
8.	VSF/SPK/SP-PU53	Personality Psychology	SK	Health Psychology	72	6	IV	Examination	J. S. Almonaitienė
9.	VSF/SPK/SP-PU42	Basics of Experimental Psychology	SK	Health Psychology	36	3	IV	Examination	L. Leonas
10.	VSF/SPK/SP-PU43	Course Work: Scientific Literature Review	SK	Health Psychology	18	3	IV	Individual project	K. Šmigelskas
11.	VSF/SPK/SP-PU59	Family and Parenting Psychology	SK	Health Psychology	36	3	IV	Examination	J. Žilinskienė
12.		Elective Course	P	By Elective Course	36	3	IV	Examination	
Total in the Year 2:					750	60			

YEAR 3

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	VSF/SPK/SP-PU65	Clinical Psychology	SK	Health Psychology	120	10	V	Examination	A. Juškienė
2.	VSF/SVK/SP-PU03	Health Care System, Economics and Management	BU	Health Management	48	4	V	Examination	M. Stankūnas
3.	MF/EMK/SP-PU03	First Aid	BU	Extreme Medicine	36	3	V	Examination	A. Krikščionaitienė
4.	MF/PSI/SP-PU02	Psychiatry	SK	Psychiatry	84	7	V	Examination	V. Steiblienė
5.	VSF/SPK/SP-PU66	Health Psychology and Teamwork	SK	Health Psychology	72	6	V	Examination	J. Žilinskienė
6.	VSF/SPK/SP-PU67	Psychological Assessment	SK	Health Psychology	72	6	VI	Examination	A. Stanytė
7.	VSF/SPK/SP-PU68	Basics of Behavior Medicine	SK	Health Psychology	24	2	VI	Examination	D. Genutytė
8.	VSF/SPK/SP-PU44	Course Work: Conducting Research Study	SK	Health Psychology	18	3	VI	Individual project	K. Šmigelskas
9.	VSF/SPK/SP-PU46	Analysis Methods in Experimental Research	SK	Health Psychology	24	2	VI	Egzaminas	L. Šalčiūnaitė-Nikonovė
10.	VSF/SPK/SP-PU45	Academic Literacy	SK	Health Psychology	48	4	VI	Examination	J. S. Almonaitienė
11.	VSF/SPK/SP-PU63	Education Psychology	SK	Health Psychology	48	4	VI	Examination	I. Pilkionienė
12.	VSF/SPK/SP-PU64	Practice of Psychological Assessment and Educational Psychology	SK	Health Psychology	72	6	VI	Individual project	G. Širvinskienė
13.	VSF/SPK/SP-PU69	Data Analysis Methods	SK	Health Psychology	36	3	VI	Examination	M. Kukulskienė
Total in the Year 3:					702	60			

YEAR 4

No.	Code of the Subject	Title of the subject/module	Part of the Programme	Responsible department/clinic/institute	Contact hours	Credits	Semester	Assesement form	Coordinating teacher
1.	VSF/SPK/SP-PU70	Trauma and Crisis Psychology	SK	Health Psychology	72	6	VII	Examination	N. Žemaitienė
2.	VSF/SPK/SP-PU54	Psychological Counselling	SK	Health Psychology	72	6	VII	Examination	J. Jonynienė
3.	VSF/SPK/SP-PU55	Psychological Counselling Practice	SK	Health Psychology	48	4	VII	Individual project	J. Jonynienė

4.	VSF/SPK/SP-PU71	Work and Organizational Psychology	SK	Health Psychology	48	4	VII	Examination	D. Antinienė
5.	VSF/SPK/SP-PU50	Mental Health Policy	SK	Health Psychology	24	2	VII	Examination	J. S. Almonaitienė
6.	VSF/SPK/SP-PU48	Research Methodology in Health Psychology	SK	Health Psychology	60	5	VII	Examination	K. Šmigelskas
7.		Bachelor's Thesis	BD	By choice	8	3	VII	Intermediate credit	
8.	VSF/SPK/SP-PU73	Group Psychology	SK	Health Psychology	60	5	VIII	Examination	M. Kukulskienė
9.	VSF/SPK/SP-PU72	Observational practice	SK	Health Psychology	84	7	VIII	Individual project	I. Baniienė
10.		Bachelor's Thesis	BD	By choice	24	12	VIII	Individual project	
11.		Elective Course	P	By Elective Course	48	4	VIII	Examination	
12.		Elective Course	P	By Elective Course	24	2	VIII	Examination	
Total in the Year 4:					572	60			
Total in the programme:					2782	240			

The programme of undergraduate studies "Health Psychology" in foreign language (English) for the year 2023/2024 was approved by the Council of FPH on September 21, 2022, No. of the protocol VSF8-12.