



LITHUANIAN UNIVERSITY  
OF HEALTH SCIENCES



# International Conference



**26th International Conference of European Association of Substance Abuse Research jointly organised with Lithuanian University of Health Sciences, Neuroscience Institute and Lithuanian Society of Biological Psychiatry**

Public lectures - Behavioral Addictions: the role of research, evidence-based prevention, treatment and care

**Location:** M.K. Čiurlionis Museum of Art (Nacionalinis M. K. Čiurlionio dailės muziejus), V. Putvinskio g. 55, Kaunas, Lithuania

**Date:** 2023-05-12

**Time:** 13:30-16:30

**Chairs:** Vesta Steibliene and Julius Burkauskas

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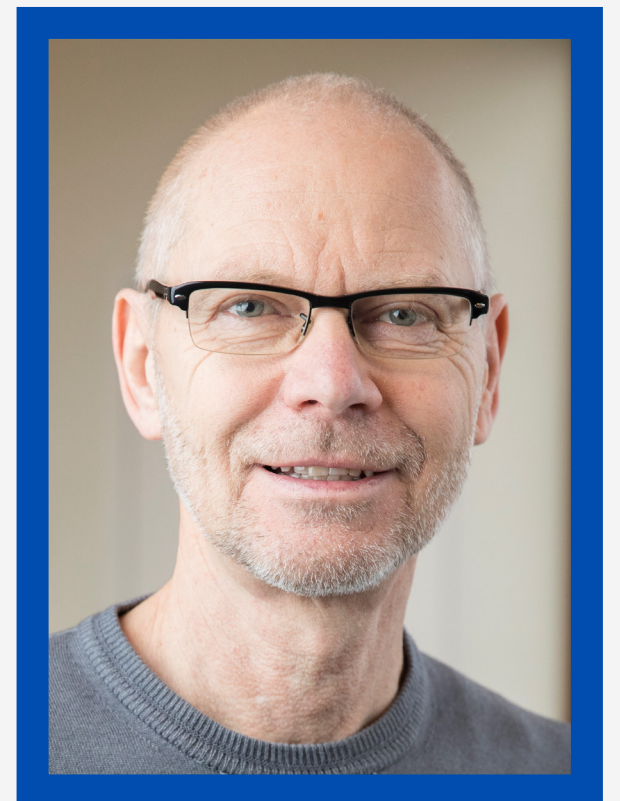


# CONFERENCE SPEAKERS

## LUDWIG KRAUS

### “SELF-EXCLUSION FROM GAMBLING: A TOOTHLESS TIGER?”

Prof. Dr. phil. Ludwig Kraus is a senior researcher and former scientific director of the IFT Institut für Therapieforschung in Munich, Germany, a senior researcher at the Department for Public Health Sciences, Stockholm University, Stockholm, Sweden and an honorary professor at the Institute of Psychology, ELTE Eötvös Loránd University, Budapest, Hungary. His background is in experimental psychology and epidemiology. He is assistant editor of the journals *Addiction*, *Journal of Behavioral Addictions* and *Sucht*, and he is president of the European Association of Substance Abuse Research (EASAR). His research topics span social and clinical epidemiology of substance use and gambling behaviour, diagnostics, treatment, addiction policy, and prevention.



## ZSOLT DEMETROVICS

### “GAMBLING DISORDER: THE IMPORTANCE OF MOTIVATIONS”

Zsolt Demetrovics is a professor of psychology, chair of the Centre of Excellence in Responsible Gaming at the University of Gibraltar, and head of the Addiction Research Group at the ELTE Eötvös Loránd University, Budapest, Hungary. He obtained his MA degrees in psychology and cultural anthropology, and he received his PhD in clinical and health psychology. Formerly, he served as dean of the Faculty of Education and Psychology at the ELTE. He has published over 400 papers on the epidemiology, assessment, and psychological correlates of substance use behaviour and behavioural addictions. He is president of the International Society for the Study of Behavioral Addictions and founding Editor-in-Chief of the *Journal of Behavioral Addictions*.





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# CONFERENCE SPEAKERS

## **DR. BOUKJE DIJKSTRA**

### **“INTERRELATED FACTORS CONTRIBUTING TO ABSTINENCE OR RELAPSE AFTER INPATIENT TREATMENT”**

Dr. Boukje Dijkstra is a post-doctoral researcher and director of the research consortium Nijmegen Institute for Scientist-Practitioners in Addiction (NISPA), which consists of six regional Dutch centers for addiction care. She also works as a research coordinator at one of the addiction care centers Novadic-Kentron. She supervises minor to major practice-based multi-center research projects focusing on the effectiveness of addiction treatment. Furthermore, she is senior lecturer 'Practice Research' for the postdoctoral training in Clinical Psychology at Radboud Centre for Social Sciences and for the postdoctoral training in Addiction Medicine at the Radboudumc.



## **ATTILA SZABO**

### **“ADDICTION TO EXERCISE: A SYMPTOM OR A DISORDER”**

Attila Szabo (Ph.D., D.Sc.) completed his undergraduate and postgraduate education at Concordia University (B.Sc. in Psychology and M.Sc. in Biology) and the University of Montreal (Ph.D. in "Sciences de l'activité physique"), in Montreal, Canada. Subsequently, he moved to the UK, where he served the sports science teaching and research teams at Nottingham Trent University, first as a Senior Lecturer and then as Reader for nearly nine years. In 2005, Attila moved to Budapest, Hungary, where he works as a Professor of Psychology at ELTE Eötvös Loránd University. His expertise is in behavioral addictions (exercise and smartphone addiction) and placebo effects on human behavior. Attila has well over 400 publications, numerous conference presentations, nearly 10,000 citations (Google Scholar), and a Hirsch Index of 52 (Google Scholar). In 2017 he was conferred the Doctor of Science (D.Sc.) title by the Hungarian Academy of Sciences. On the “AD Scientific Index” (Alper-Doger Scientific Index) list, Attila is ranked among the top 5% of the nearly 1.4 million scientists in all subjects worldwide.

