

**STUDY FIELD – DENTAL HYGIENE**  
**FIRST CYCLE STUDIES (FULL-TIME STUDIES) PROGRAMME "DENTAL HYGIENE (IN ENGLISH)"**

**2025/2026 ACADEMIC YEAR STUDY PLAN**

**1ST STUDY YEAR**

<b>NO.</b>	<b>SUBJECT / MODULE CODE</b>	<b>SUBJECT / MODULE TITLE</b>	<b>TYPE OF SUBJECT</b>	<b>COORDINATING DEPARTMENT</b>	<b>CONTACT HOURS</b>	<b>CREDITS</b>	<b>SEMESTER / SEMESTERS</b>	<b>ASSESSMENT FORM</b>
1.	<i>GMF/BIO/O(BH)-U06</i>	<i>Natural Sciences</i>	<i>SK</i>	<i>Institute of Biological Systems and Genetics</i>	<i>90,0</i>	<i>6</i>	<i>1</i>	<i>Examination</i>
1.1	<i>GMF/BIO/O(BH)-U06/01</i>	<i>Biology</i>		<i>Institute of Biological Systems and Genetics</i>	<i>45,0</i>	<i>3</i>	<i>1</i>	
1.2	<i>GMF/BIO/O(BH)-U06/02</i>	<i>Physics</i>		<i>Department of Physics, Mathematics, and Biophysics</i>	<i>45,0</i>	<i>3</i>	<i>1</i>	
2.	<b>MF/BCM/O(BH)-U02</b>	<b>Biochemistry</b>	<b>SK</b>	<b>Department of Biochemistry</b>	<b>42,0</b>	<b>3</b>	<b>1</b>	<b>Examination</b>
3.	<b>MF/KEK/O(BH)-U05</b>	<b>Professional language</b>	<b>SK</b>	<b>Department of Languages and Education</b>	<b>154,0</b>	<b>12</b>	<b>1–2</b>	<b>Examination</b>
4.	<b>VSF/BEK/O(BH)-U07</b>	<b>Professional Ethics</b>	<b>SK</b>	<b>Department of Social Sciences and Humanities</b>	<b>42,0</b>	<b>3</b>	<b>1</b>	<b>Examination</b>
5.	<b>VSF/SPK/O(BH)-U03</b>	<b>Communication Psychology</b>	<b>BU</b>	<b>Department of Health Psychology</b>	<b>50,0</b>	<b>6</b>	<b>1</b>	<b>Examination</b>
6.	<b>VSF/SVK/O(BH)-U02</b>	<b>History and Law of Odontology</b>	<b>SK</b>	<b>Department of Health Management</b>	<b>42,0</b>	<b>3</b>	<b>1</b>	<b>Examination</b>
7.	<b>MF/ANI/O(BH)-U02</b>	<b>Human Anatomy</b>	<b>SK</b>	<b>Institute of Anatomy</b>	<b>84,0</b>	<b>6</b>	<b>2</b>	<b>Examination</b>
8.	<b>MF/HIS/O(BH)-U02</b>	<b>Human Histology and Embryology</b>	<b>SK</b>	<b>Department of Histology and Embryology</b>	<b>53,0</b>	<b>3</b>	<b>2</b>	<b>Examination</b>
9.	<b>OF/VOK/O(BH)-U05</b>	<b>Introduction to the Specialty</b>	<b>SK</b>	<b>Department of Preventive and Paediatric Dentistry</b>	<b>56,0</b>	<b>6</b>	<b>2</b>	<b>Individual work (project)</b>
10.	<b>OF/VOK/O(BH)-U06</b>	<b>Fundamental of Personal Oral Hygiene</b>	<b>SK</b>	<b>Department of Preventive and Paediatric Dentistry</b>	<b>70,0</b>	<b>6</b>	<b>2</b>	<b>Examination</b>
11.	<b>VSF/ADK/O(BH)-U04</b>	<b>Occupational Health for Oral Hygienists</b>	<b>SK</b>	<b>Department of Environmental and Occupational Medicine</b>	<b>42,0</b>	<b>3</b>	<b>2</b>	<b>Examination</b>

<b>12.</b>	<b>VSF/PMK/O(BH)-U04</b>	<b>Fundamental Epidemiology</b>	<b>SK</b>	<b>Department of Preventive Medicine</b>	<b>41,0</b>	<b>3</b>	<b>2</b>	<b>Examination</b>
<b>Total in 1st study year:</b>					<b>766,0</b>	<b>60</b>		

**2ND STUDY YEAR**

<b>NO.</b>	<b>SUBJECT /MODULE CODE</b>	<b>SUBJECT /MODULE TITLE</b>	<b>TYPE OF SUBJECT</b>	<b>COORDINATING DEPARTMENT</b>	<b>CONTACT HOURS</b>	<b>CREDITS</b>	<b>SEMESTER / SEMESTERS</b>	<b>ASSESSMENT FORM</b>
1.		Elective subject	PP	Depending on choice	30,0	3	3	Depending on choice
2.		Elective subject	PP	Depending on choice	30,0	3	3	Depending on choice
3.		Elective subject	PP/UP	Depending on choice	30,0	3	3	Depending on choice
4.	MF/FIK/O(BH)-U03	Physiology	SK	Institute of Physiology and Pharmacology	83,0	6	3	Examination
5.	MF/KEK/O(BH)-U06	Lithuanian (Foreign) Language II	SK	Department of Languages and Education	84,0	6	3-4	Examination
6.	MF/PAK/O(BH)-U03	Pathology	SK	Department of Pathological Anatomy	84,0	6	3-4	Examination
6.1	MF/PAK/O(BH)-U03/01	Pathology (Pathological anatomy)		Department of Pathological Anatomy	42,0	3	3/4	
6.2	MF/PAK/O(BH)-U03/02	Pathology (Pathophysiology)		Institute of Physiology and Pharmacology	42,0	3	3/4	
7.	OF/VOK/O(BH)-U08	Preclinical Course of Oral Diseases	SK	Department of Preventive and Paediatric Dentistry	42,0	3	3	Examination
8.	VSF/BEK/O(BH)-U05	Professional Ethics	SK	Department of Social Sciences and Humanities	42,0	3	3	Examination
9.	VSF/SVK/O(BH)-U05	History and Law of Odontology	SK	Department of Health Management	42,0	3	3	Examination
10.		Elective subject	PP/UP	Depending on choice	30,0	3	4	Depending on choice
11.	OF/VOK/O(BH)-U07	Preclinical Course of Professional Oral Hygiene	SK	Department of Preventive and Paediatric Dentistry	45,0	3	4	Examination
12.	SLF/SMK/O(BH)-U01	Physical Activity and Health	SK	Department of Sports Medicine	40,0	3	4	Examination
13.	SLF/SMK/O(BH)-U02	Health Promotion and Ergonomics in Odontology	SK	Department of Sports Medicine	40,0	3	4	Examination
14.	VSF/BEK/O(BH)-U08	Foundations of Social Sciences and Humanities	SK	Department of Social Sciences and Humanities	82,0	6	4	Examination
15.	VSF/PMK/O(BH)-U06	Economics and Management	SK	Department of Preventive Medicine	42,0	3	4	Examination
16.	VSF/SPK/O(BH)-U04	Health Psychology	BU	Department of Health Psychology	27,0	3	4	Examination
<b>Total in 2nd study year:</b>					<b>773,0</b>	<b>60</b>		

**3RD STUDY YEAR**

<b>NO.</b>	<b>SUBJECT /MODULE CODE</b>	<b>SUBJECT /MODULE TITLE</b>	<b>TYPE OF SUBJECT</b>	<b>COORDINATING DEPARTMENT</b>	<b>CONTACT HOURS</b>	<b>CREDITS</b>	<b>SEMESTER / SEMESTERS</b>	<b>ASSESSMENT FORM</b>
1.	MF/VIL/O(BH)-U01	Internal Diseases	SK	Department of Internal Medicine	40,0	3	5	Examination
2.	OF/DBL/O(BH)-U02	Periodontology. Oral Pathology and Clinical Practice	SK	Department of Dental and Oral Pathology	88,0	6	5	Examination
3.	OF/DBL/O(BH)-U05	Cariology and clinical practice	SK	Department of Dental and Oral Pathology	50,0	3	5	Examination
4.	OF/VOK/O(BH)-U09	Public and Individual Prevention of Oral Diseases	SK	Department of Preventive and Paediatric Dentistry	80,0	6	5	Examination
5.	OF/VOK/O(BH)-U10	Professional Oral Hygiene and Clinical Practice I	SK	Department of Preventive and Paediatric Dentistry	180,0	12	5-6	Examination
6.	VF/MVI/O(BH)-U01	Oral Microbiology	SK	Institute of Microbiology and Virology	55,0	3	5	Examination
7.	VSF/SVK/O(BH)-U03	Basics of Research Work Preparation	SK	Department of Health Management	42,0	3	5	Individual work (project)
8.		Elective subject	PP	Depending on choice	30,0	3	6	Depending on choice
9.		Elective subject	PP/UP	Depending on choice	30,0	3	6	Depending on choice
10.	MF/FIK/O(BH)-U04	Pharmacology	SK	Institute of Physiology and Pharmacology	41,0	3	6	Examination
11.	MF/RAD/O(BH)-U01	Oral Radiology	SK	Department of Radiology	39,0	3	6	Examination
12.	OF/VOK/O(BH)-U11	Paediatric Dentistry and oral ecology I	SK	Department of Preventive and Paediatric Dentistry	50,0	3	6	Examination
13.	OF/VŽ/O(BH)-U01	Oral Surgery: Anaesthesia, Oral Care of Maxillofacial Surgical Patients	SK	Department of Maxillofacial Surgery	57,0	6	6	Examination
14.	SLF/GER/O(BH)-U01	Health Care of Older Adults	SK	Department of Geriatrics	45,0	3	6	Examination
<b>Total in 3rd study year:</b>					<b>827,0</b>	<b>60</b>		

**4TH STUDY YEAR**

<b>NO.</b>	<b>SUBJECT /MODULE CODE</b>	<b>SUBJECT /MODULE TITLE</b>	<b>TYPE OF SUBJECT</b>	<b>COORDINATING DEPARTMENT</b>	<b>CONTACT HOURS</b>	<b>CREDITS</b>	<b>SEMESTER/ SEMESTERS</b>	<b>ASSESSMENT FORM</b>
<b>Total in 4th study year:</b>					<b>0</b>	<b>0</b>		
<b>Total in study programme:</b>					<b>2366,0</b>	<b>180</b>		

---

**SK** (*Krypties studijų dalykas (modulis) (privalomasis)*) – Study field subject (module) (compulsory)  
**KA** (*Krypties studijų alternatyva (privalomoji alternatyva)*) – Field study alternative (compulsory alternative)  
**BU** (*Kitos krypties studijų dalykas (modulis) (bendrauniversitetinis)*) – Other field subject (module) (general university subject)  
**BD** (*Baigiamasis darbas*) – Final thesis (project) and final examinations  
**SP** (*Krypties studijų praktika*) – Field study practice  
**PP** (*Programos pasirenkamas*) – Programme elective  
**UP** (*Universitetinis pasirenkamas*) – University elective