

STUDY FIELD – PSYCHOLOGY
FIRST CYCLE STUDIES (FULL-TIME STUDIES) PROGRAMME "HEALTH PSYCHOLOGY (IN ENGLISH)"

2025/2026 ACADEMIC YEAR STUDY PLAN

1ST STUDY YEAR

NO.	SUBJECT / MODULE CODE	SUBJECT / MODULE TITLE	TYPE OF SUBJECT	COORDINATING DEPARTMENT	CONTACT HOURS	CREDITS	SEMESTER / SEMESTERS	ASSESSMENT FORM
1.	MF/KEK/SP-PU21	Introduction to Health Psychology Studies	BU	Department of Languages and Education	27,0	3	1	Examination
2.	MF/KEK/SP-PU22	International Professional Terminology and Lithuanian (Foreign) Language	BU	Department of Languages and Education	82,0	6	1–2	Examination
3.	VSF/BEK/SP-PU10	Foundations of Humanities and Social Sciences	BU	Department of Social Sciences and Humanities	90,0	12	1	Examination
4.	VSF/SPK/SP-PU113	General Psychology and Psychologist's Practice	SK	Department of Health Psychology	54,0	6	1	Examination
5.	VSF/SPK/SP-PU119	History of Psychology	SK	Department of Health Psychology	27,0	3	1	Examination
6.	VSF/SPK/SP-PU97	Introduction to Scientific Methodology	SK	Department of Health Psychology	27,0	3	1	Examination
7.		Elective subject	PP/UP	Depending on choice	57,0	6	2	Depending on choice
8.	MF/FMB/SP-PU05	Basics of Statistics	BU	Department of Physics, Mathematics, and Biophysics	36,0	3	2	Examination
9.	VSF/SPK/SP-PU128	Psychophysiology and Biological Basis of Behaviour	SK	Department of Health Psychology	128,0	12	2	Examination
10.	VSF/SPK/SP-PU137	Communication Psychology and Oratory	SK	Department of Health Psychology	54,0	6	2	Examination
Total in 1st study year:					582,0	60		

2ND STUDY YEAR

NO.	SUBJECT / MODULE CODE	SUBJECT / MODULE TITLE	TYPE OF SUBJECT	COORDINATING DEPARTMENT	CONTACT HOURS	CREDITS	SEMESTER / SEMESTERS	ASSESSMENT FORM
1.	VSF/SPK/SP-PU102	Development Psychology	SK	Department of Health Psychology	81,0	9	3	Examination
2.	VSF/SPK/SP-PU116	Academic literacy	SK	Department of Health Psychology	27,0	3	3	Examination
3.	VSF/SPK/SP-PU118	Social Psychology	SK	Department of Health Psychology	54,0	6	3	Examination
4.	VSF/SPK/SP-PU122	Cognitive Psychology	SK	Department of Health Psychology	152,0	15	3-4	Examination
5.	VSF/SPK/SP-PU98	Methodology and Statistics of Psychological Research	SK	Department of Health Psychology	54,0	6	3	Examination
6.		Elective subject	PP	Depending on choice	27,0	3	4	Depending on choice
7.	MF/EMK/SP-PU06	First Aid	BU	Department of Disaster Medicine	6,0	3	4	Examination
8.	VSF/SPK/SP-PU103	Personality Psychology	SK	Department of Health Psychology	54,0	6	4	Examination
9.	VSF/SPK/SP-PU123	Course Work: Scientific Literature Review	SK	Department of Health Psychology	18,0	3	4	Individual work (project)
10.	VSF/SPK/SP-PU90	Professional Ethics and Law of a Psychologist	SK	Department of Health Psychology	54,0	6	4	Examination
Total in 2nd study year:					527,0	60		

3RD STUDY YEAR

NO.	SUBJECT / MODULE CODE	SUBJECT / MODULE TITLE	TYPE OF SUBJECT	COORDINATING DEPARTMENT	CONTACT HOURS	CREDITS	SEMESTER / SEMESTERS	ASSESSMENT FORM
1.	MF/EMK/SP-PU05	First Aid	BU	Department of Disaster Medicine	6,0	3	5	Examination
2.	MF/PSI/SP-PU04	Psychiatry	SK	Department of Psychiatry	81,0	9	5	Examination
3.	VSF/SPK/SP-PU112	Health Psychology and Teamwork	SK	Department of Health Psychology	54,0	6	5	Examination
4.	VSF/SPK/SP-PU133	Clinical Psychology	SK	Department of Health Psychology	81,0	9	5	Examination
5.	VSF/SVK/SP-PU06	Health Care System, Economics and Management	BU	Department of Health Management	27,0	3	5	Examination
6.		Elective subject	PP/UP	Depending on choice	30,0	3	6	Depending on choice
7.	VSF/SPK/SP-PU124	Course Work: Conducting Research Study	SK	Department of Health Psychology	14,0	3	6	Individual work (project)
8.	VSF/SPK/SP-PU127	Family and Parenting Psychology	SK	Department of Health Psychology	27,0	3	6	Examination
9.	VSF/SPK/SP-PU129	Practice: Psychological Assessment and Educational Psychology	SP	Department of Health Psychology	54,0	6	6	Individual work (project)
10.	VSF/SPK/SP-PU130	Educational Psychology	SK	Department of Health Psychology	27,0	3	6	Examination
11.	VSF/SPK/SP-PU139	Psychological Assessment	SK	Department of Health Psychology	54,0	6	6	Examination
12.	VSF/SPK/SP-PU92	Data Analysis Methods	SK	Department of Health Psychology	54,0	6	6	Examination
Total in 3rd study year:					509,0	60		

4TH STUDY YEAR

NO.	SUBJECT / MODULE CODE	SUBJECT / MODULE TITLE	TYPE OF SUBJECT	COORDINATING DEPARTMENT	CONTACT HOURS	CREDITS	SEMESTER / SEMESTERS	ASSESSMENT FORM
1.	VSF/SPK/SP-PU117	Trauma and Crisis Psychology	SK	Department of Health Psychology	54,0	6	7	Examination
2.	VSF/SPK/SP-PU125	Research Methodology in Health Psychology	SK	Department of Health Psychology	54,0	6	7	Examination
3.	VSF/SPK/SP-PU131	Psychological Counseling	SK	Department of Health Psychology	54,0	6	7	Examination
4.	VSF/SPK/SP-PU132	Practice of Psychological Counseling	SP	Department of Health Psychology	27,0	3	7	Examination
5.	VSF/SPK/SP-PU136	Organizational Psychology	SK	Department of Health Psychology	54,0	6	7	Examination
6.		Elective subject	PP	Depending on choice	27,0	3	8	Depending on choice
7.		Bachelors Thesis	BD	Depending on choice	24,0	15	7–8	Individual work (project)
8.	VSF/SPK/SP-PU120	Observational practice	SP	Department of Health Psychology	81,0	9	8	Individual work (project)
9.	VSF/SPK/SP-PU93	Group Psychology	SK	Department of Health Psychology	54,0	6	8	Examination
Total in 4th study year:					429,0	60		
Total in study programme:					2047,0	240		

SK (*Krypties studijų dalykas (modulis) (privalomasis)*) – Study field subject (module) (compulsory)
 KA (*Krypties studijų alternatyva (privalomoji alternatyva)*) – Field study alternative (compulsory alternative)
 BU (*Kitos krypties studijų dalykas (modulis) (bendrauniversitetinis)*) – Other field subject (module) (general university subject)
 BD (*Baigiamasis darbas*) – Final thesis (project) and final examinations
 SP (*Krypties studijų praktika*) – Field study practice
 PP (*Programos pasirenkamasis*) – Programme elective
 UP (*Universitetinis pasirenkamasis*) – University elective