Lietuvos sveikatos mokslų universiteto Senato 2022 m. mėn. d. nutarimu Nr.

## STUDY FIELD – PUBLIC HEALTH POSTGRADUATE STUDY PROGRAMME "LIFESTYLE MEDICINE" (English Language)

## 2023-2024 ACADEMIC YEAR

## YEAR 1

| No. | Code of the Subject | Title of the subject/module                             | Part of the<br>Programme | Responsible department/clinic/institute | Contact<br>hours | Credits | Semester | Assesement form        | Coordinating<br>teacher     |
|-----|---------------------|---|--------------------------|---|------------------|---------|----------|------------------------|-----------------------------|
| 1.  | VSF/SVK/GVM-MU01    | Public Health   | С                        | Health Management                       | 90               | 9       | I        | Examination            | V. Kalibatas                |
| 2.  |                     | Preparation of Master<br>Thesis                         | TE                       | By choice                               | 20               | 6       | I        | Intermediate<br>credit |                             |
| 3.  | VSF/PMK/GVM-MU14    | Nutrition   | C                        | Preventive medicine                     | 90               | 9       | I        | Examination            | V. Kriaučionienė            |
| 4.  | VSF/PMK/GVM-MU16    | Lifestyle Medicine<br>Research Fields. Master<br>Thesis | С                        | Preventive medicine                     | 60               | 6       | I        | Examination            | V. Kriaučionienė            |
| 5.  | SLF/SPI/GVM-MU03    | Physical Activity and<br>Health                         | С                        | Sport                                   | 90               | 9       | II       | Examination            | L. Šiupšinskas              |
| 6.  | VSF/PMK/GVM-MU15    | Lifestyle Medicine<br>Nutrition                         | С                        | Preventive medicine                     | 29               | 3       | П        | Examination            | T. Vaičiūnas                |
| 7.  | VSF/SPK/GVM-MU01    | Mental Health and<br>Lifestyle                          | С                        | Health Psychology                       | 112              | 12      | II       | Examination            | L. Digrytė -<br>Šertvytienė |
| 8.  |                     | Preparation of Master<br>Thesis                         | TE                       | By choice                               | 20               | 6       | II       | Intermediate<br>credit |                             |
|     |                     | 511   | 60                       |   |                  |         |          |                        |                             |

YEAR 2

| No. | Code of the Subject | Title of the subject/module     | Part of the Programme | Responsible department/clinic/institute | Contact<br>hours | Credits | Semester | Assesement form    | Coordinating<br>teacher |
|-----|---------------------|---------------------------------|-----------------------|---|------------------|---------|----------|--------------------|-------------------------|
| 1.  | VSF/PMK/GVM-MU09    | Practice                        | С                     | Preventive medicine                     | 160              | 12      | III      | Individual<br>work | T. Vaičiūnas            |
| 2.  |                     | Preparation of Master<br>Thesis | TE                    | By choice                               | 60               | 18      | III      | Master's<br>Thesis |                         |
|     |                     | 220                             | 30                    |   |                  |         |          |                    |                         |
|     |                     | 731                             | 90                    |   |                  |         |          |                    |                         |

The programme of postgraduate studies "Lifestyle Medicine" in foreign language (English) for the year 2023/2024 was approved by the Council of FPH on September 21, 2022, No. of the protocol VSF8-12.