



PREVENTION – DIAGNOSTICS – TREATMENT – REHABILITATION OF CIVILISATION DISEASES

23rd IMEC

Kaunas, Lithuanian University of Health Sciences

PROGRAMME

28 June 2025

Time	Activity	Place
9:00-17:00	Arrival, accommodation, registration	LSMU Central Palace 1 st floor hall
	Free time	
18:00-19:00	Dinner	Bistronomė, Laisvės al. 37
19.30-20.30	Evening programme <i>Audiovisual oratorio based on M. K. Čiurlionis's cycle "Creation of the World"</i> Music by G. Kuprevičius, graphics by E. Vaškevičius	Department of Languages and Education M. Jankaus g.2 Auditorium 9

29 June 2025

Time	Activity	Place
8.00-9.30	Breakfast	Hotels
9.30-10.00	Registration	LSMU Main Building Lobby of the 1st floor
10.00-11.15	Opening of the Congress Moderator prof. dr. Raimonda Brunevičiūtė	LSMU Main Building V. Lašas auditorium
11.15-11.30	Concert Lithuanian stringed instrument, Laura Lukenskienė	LSMU Main Building V. Lašas auditorium
11.30-12.00	Coffee break	LSMU Main Building Lobby of the 2nd floor
11.30-12.00	Meeting with Rector Prof. Dr. Rimantas Benetis (by invitation only)	LSMU Main Building Rectory hall
12.00-13.00	Plenary session I	LSMU Main Building V. Lašas auditorium
Moderators Prof. Dr. Andrius Macas and Prof. Dr. Habil. Jan Matysiak		
12.00-12.30	Neringa Paužienė <i>Evolution and Usage Problems of the Lithuanian Anatomical Terminology</i> Lithuanian University of Health Sciences, Lithuania	
12.30-13.00	Grzegorz Mańko <i>A Holistic and Interdisciplinary Approach to Counteracting Civilisation Diseases – a Challenge for Medical Professionals and Physiotherapists</i> Jagiellonian University Medical College, Poland	
13.15-14.15	Lunch	Bistronomė, Laisvės al 37
14.30-16.00	Plenary session II	LSMU Main Building



		V. Lašas auditorium
Moderators Prof. Dr. Ramunė Morkūnienė and Prof. Dr. Habil. Włodzimierz Opoka		
14.30-15.00	Alicja Wrotniak <i>Mitigating the Mortality Gap by Addressing the Causes of Cardiovascular Disease Among Individuals with Mental Illness</i> Sligo Leitrim Mental Health Services, Ireland	
15.00-15.30	Włodzimierz Opoka <i>Is obesity a major civilization problem?</i> Jagiellonian University Medical College, Poland	
15.30-16.00	Joanna Matysiak <i>Coconut Allergy as a Cause of Anaphylaxis – Case Report</i> University of Kalisz, Poland	
16.00-16.30	Coffee break	LSMU Main Building Lobby of the 2nd floor
16.30-18.00	Tour of the Main Building with a professional guide Guide — Jonas Oškinis	LSMU Main Building
18.00-19.00	Dinner	Bistronomė, Laisvės al 37
19.30-20.30	Evening programme <i>Following the Footsteps of Our Great-Grandparents – Let's Try Our Traditions</i> LSMU Art Team “Džigūnas”	Department of Languages and Education M. Jankaus g.2, Auditorium 9

30 June 2025

Time	Activity	Place
8.00-9.30	Breakfast	Hotels
9.30-13.00	Posters (online only) *the list at the end of the programme	LSMU Main Building Auditorium 301
9.30-11.00	Work in sections	LSMU Main Building
EO-1, II floor. Auditorium 211		
Moderator Ziko van Dijk		
9.30-9.50	Eduard Kusters <i>La ĵuro de Hipokrato</i> University of Brussels, Belgium	
9.50-10.10	Ziko van Dijk <i>Vikipedio kaj la vikimedia tuto: platformoj for disvastigi scion pri sano</i> Vikimedia Esperanto, Netherlands	
10.10-10.30	Michal Matúšov <i>Novaĵoj koncerne diagnozo kaj kuracado de Multobla Sklerozo</i> Vikimedia Esperanto, Netherlands	
10.30-11.00	Diskuto	
LT-1, II floor, Auditorium 202		
Moderator Prof. Dr. Agila Daukšienė		
9.30-9.50	Rimvydas Stropus <i>Lietuviško anatomijos vardyno istorija</i> Lietuvos sveikatos mokslų universitetas, Lietuva	
9.50-10.10	Agila Daukšienė <i>Šiuolaikinė bitininkystė – nuo avilio iki bioaktyviųjų molekulių panaudojimo žmogaus sveikatai gerinti</i> Lietuvos sveikatos mokslų universitetas, Lietuva	
10.10-10.30	Dalija Gudaitytė	



	<i>Specializuoto universiteto studijų socialinio aspekto LSMU Kalbų ir edukacijos katedros veikloje</i> Lietuvos sveikatos mokslų universitetas, Lietuva	
10.30-11.00	Discussion	
11.00-11.30	Coffee break	LSMU Main Building II floor
11.30-13.00	Work in sections	LSMU Main Building
EN-1, III floor, Auditorium 302		
Moderator Prof. Dr. Barbara Chruścicka-Smaga		
11.30-11.50	Grzegorz Mańko <i>The Role of Modern Comprehensive Physiotherapy in the Treatment and Prevention of Civilisation Diseases</i> Jagiellonian University Medical College, Poland	
11.50-12.10	Barbara Chruścicka-Smaga <i>Co-Administration of an mGluR2/3 Antagonist with Psilocybin Potentiates its Antidepressant-like Effects at Behavioural and Molecular Levels</i> Maj Institute of Pharmacology, Polish Academy of Sciences, Poland	
12.10-12.30	Michał Matuś <i>How to End Aging: Making the Biggest Mortality Risk Factor Irrelevant</i> Wikimedia EO, Netherlands	
12.30-13.00	Discussion	
13.00-14.00	Lunch	Bistronomė, Laisvės al. 37
14.30-15.30	Visit to the Museum of the History of Lithuanian Medicine and Pharmacy	Pharmacy Museum Rotušės a. 28
16.00-16.15	Arrival at the Faculty of Pharmacy	Faculty of Pharmacy Sukilėlių g. 13
16.15-16.45	Getting to know the Faculty of Pharmacy	Faculty of Pharmacy Sukilėlių g. 13
16.45-17.45	Seminar at the University Pharmacy	Faculty of Pharmacy Sukilėlių g. 13
18.00-19.00	Dinner	Bistronomė, Laisvės al. 37
19.15-20.00	Evening Programme Visit to the Emmanuel Levin Centre and the Exhibitions	E. Levin Centre V. Putvinskio g. 14

1 July 2025

Time	Activity	Place
8.00-9.30	Breakfast	Hotels
9.30-13.00	Posters (only online) *the list is at the end of the programme	LSMU Main Building Auditorium 301
9.30-11.00	Work in sections	LSMU Main Building
JK-1, II floor, Auditorium 211		
Moderator Ieva Gumenaite		
9.30-9.40	Ieva Gumenaite <i>Burnos mikrobiomos įtaka bendrai organizmo sveikatai</i> Lietuvos sveikatos mokslų universitetas, Lietuva	
9.42-9.52	Julija Ignatjeva <i>Šaknies cistos ir jų sąsajos su demografiniais veiksniais. Retrospektyvinis tyrimas</i>	



	Vilniaus universitetas, Lietuva	
9.54-10.04	Goda Malijauskaitė <i>Elektrinių paspirtukų sukeltos traumos ir jų sąsajos su demografiniais duomenimis. Retrospektyvinė studija</i> Vilniaus universitetas, Lietuva	
10.06-10.16	Greta Volosevičiūtė <i>Neįgaliųjų globėjų burnos sveikatos saviveiksmingumo sąsajos su žiniomis apie burnos sveikatą ir sociodemografiniais veiksniais</i> Vilniaus universitetas	
10.18-10.28	Šarlota Galinauskaitė Vilniaus universiteto odontologijos studentų žinių apie infekcijos kontrolę įvertinimo ir įsivertinimo rezultatai bei dažniausiai pasitaikančios klaidos: testinio tyrimo analizė. Vilniaus universitetas, Lietuva	
10.30-11.00	Diskusija	
JK-2, II floor, Auditorium 202		
Moderator Gabrielė Neverauskaitė		
9.30-9.40	Eglė Barštytė <i>Musculoskeletal Disorders among Lithuanian Dentists and Oral Hygienists/ Raumenų-skeleto sistemos sutrikimai tarp Lietuvos gydytojų odontologų ir burnos higienistų</i> Lithuanian University of Health Sciences, Lithuania	
9.42-9.52	Maryam Sanei <i>Innovative Preclinical Models and Targeted Therapies for Paediatric Bone Sarcomas: Toward Personalised Treatment and Improved Survival</i> Lithuanian University of Health Sciences, Lithuania	
9.54-10.04	Michał Kolisz <i>Quality Assessment of Commercially Available Dietary Supplements and Cosmetics</i> <i>Fungal Polysaccharides in Anti-Aging Cosmetology: Bioactive Biopolymers Supporting Skin Health and Longevity</i> Jagiellonian University, Poland	
10.06-10.16	Jekaterina Kolenda <i>Age-Related Alterations in Neuropeptide Expression within Jugular/Nodose Ganglia Complex of Hypertensive and Normotensive Rats</i> Lithuanian University of Health Sciences, Lithuania	
10.18-10.28	Gabrielė Neverauskaitė <i>Traktaj elektoj kreskas, pacientoj ankaũ kreskas: akondroplazio</i> Lithuanian University of Health Sciences, Lithuania	
10.30-11.00	Discussion	
11.00-11.30	Coffee break	LSMU Main Building II floor
11.30-13.00	Work in sections	LSMU Main Building
EN-2, III floor, Auditorium 302		
Moderator Dr. Imane Ghafir El Idrissi		
11.30-11.50	Joana Piotrowska (online) <i>Synthesis and Properties of Metal–Organic Derivatives of Selected Antifungal Drugs</i> Jagellonian University, Poland	
11.50-12.10	Imane Ghafir El Idrissi (online)	



	<i>Molecular Crosstalk Between Purinergic P2X7 and Cannabinoid CB2 Receptors Reveals Novel Multitarget Approaches for Neuroinflammation, the Third Hallmark of Alzheimer's Disease</i> University of Bari Aldo Moro, Italy	
12.10-12.30	Iwona Dymek (online) <i>Quality Assessment of Commercially Available Dietary Supplements and Cosmetics Containing Xanthohumol</i> Jagiellonian University, Poland	
12.30-13.00	Discussion	
13.00-14.00	Lunch	Bistronomé, Laisvės al. 37
14.30-15.30	Visit to the Museum of the History of Lithuanian Medicine and Pharmacy	Pharmacy Museum Rotušės a. 28
16.00-16.15	We arrive at the Faculty of Pharmacy	Faculty of Pharmacy Sukilėlių g. 13
16.15-16.45	Getting to know the Faculty of Pharmacy	Faculty of Pharmacy Sukilėlių g. 13
16.45-17.45	Seminar at the university pharmacy	Faculty of Pharmacy Sukilėlių g. 13
18.00-19.00	Dinner	Bistronomé, Laisvės al. 37
19.30-20.30	Evening programme <i>National Evening</i> Host of the evening programme Doctor Virginijus Meškinis	Department of Languages and Education M. Jankaus g. 2 Auditorium 10

2 July 2025

Time	Activity	Place
Saturday, 28 June 2025		
8.00-8.30	Breakfast	Hotels
9.15	Departure to Birštonas	Kaunas Bus Station Departure area 6
10.30	Arrival at the Royal Resort of Birštonas	Temporary stop
10.30-12.00	Walking tour of the city with a guide Guide — Rita Markovskaja	Birštonas
12.00-13.30	Visit to the "Versmė" sanatorium, we try out the procedures	"Versmė" sanatorium
13.30-14.15	Lunch	Café „Sala“
14.30	A trip to Kaunas by boat	Pier
18.00	Arrival back in Kaunas	Kaunas Lagoon Marina
18.00-19.30	Dinner	Bistronomé, Laisvės al. 37
20.00	Evening programme <i>Individually</i>	

3 July 2025

Time	Activity	Place
8.00-9.30	Breakfast	Hotels
9.30-13.00	Posters (only online) * the list is at the end of the program	LSMU Main Building Auditorium 301



9.30-11.00	Work in sections	LSMU Main Building
EO-2, II floor, Auditorium 211		
Moderator Vicente Manzano-Arrondo		
9.30-9.50	Ambreen Islam <i>Medecina sistema en Pakistano</i> Abbott Pharmaceuticals, Pakistan	
9.50-10.10	Vicente Manzano-Arrondo <i>Malforteco pri falsaj novaĵoj. Konuvin-esploro pere de ok demandoj</i> Universidad de Sevilla, Spain	
10.10-10.30	Włodzimierz Opoka <i>Historio de IMEK-oj</i> Jagiellonian University Medical College, Poland	
10.30-11.00	Diskuto	
LT-2, II floor, Auditorium 202		
Moderator Prof. Dr. Silvija Rakutienė		
9.30-9.50	Inga Čepulytė-Podgrušienė, Rita Vaičekauskaitė <i>Vaiko gerovė ir technologijos lėtinės ligos kontekste</i> Klaipėdos universitetas, Lietuva	
9.50-10.10	Silvija Rakutienė <i>Kultūrinės įvairovės įtaka naujosios kartos studentų komunikaciniams ir informacijos paieškos gebėjimams: LSMU I kurso studentų atvejis</i> Lietuvos sveikatos mokslų universitetas, Lietuva	
10.10-10.30	Indrė Čepulytė-Podgrušienė <i>Mobiliųjų įrenginių poveikis operacinės slaugytojų darbui</i> Klaipėdos universitetas, Lietuva	
10.30-11.00	Discussion	
11.00-11.30	Coffee break	LSMU Main Building II floor
11.30-13.00	Work in sections	LSMU Main Building
EN-3, III floor, Auditorium 302		
Moderator Assoc. Prof. Dr. Başak Aray		
11.30-11.50	Monika Dąbrowska <i>A Modern Approach to Assessing the Environmental Risk of Contamination with Antibiotics and their Photodegradation Products</i> Jagiellonian University Medical College, Poland	
11.50-12.10	Başak Aray <i>Scientific Terminology and International Auxiliary Language</i> Boğaziçi Üniversitesi, Turkey	
12.10-12.30	Audra Janovskienė <i>Dirofilaria Repens Infection in Lithuania: Rare Case Report</i> Lithuanian University of Health Sciences, Lithuania	
12.30-13.00	Discussion	
13.00-14.00	Lunch	Bistronomė, Laisvės al. 37
14.30-14.45	Arrival at the Faculty of Nursing of LSMU	Faculty of Nursing Eivenių g. 2
14.45-15.15	Getting to know the Faculty of Nursing	Faculty of Nursing Eivenių g. 2
15.15-17.30	Forest Therapy Seminar Forest Therapy and its Impact on Our Health Assoc. Prof. Dr. Edita Mašanauskienė	Faculty of Nursing Eivenių g. 2
18.00-19.00	Dinner	Bistronomė, Laisvės al. 37



19.15-20.00	Evening programme <i>Music, Rhythm, Movement – Let's Learn with Professionals</i> LSMU Art Team „Salto“	Department of Languages and Education M. Jankaus g. 2 Auditorium 10
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4 July 2025

Time	Activity	Place
8.00-9.30	Breakfast	Hotels
9.30-13.00	Posters (only online) * the list is at the end of the programme	LSMU Main Building Auditorium 301
9.30-11.00	Work in sections	LSMU Main Building
EO-3, II floor, Auditorium 211		
Moderator Prof. Dr. Francesco Maurelli		
9.30-9.50	Rodrigo Ramirez Zuluaga (online) <i>Polurado de medicinaj ESPERANTAJ terminoj : eltonda konsento pri arkaismoj</i> UMEA, Kolombio	
9.50-10.10	Christoph Klawe (online) <i>Novaĵoj koncerne diagnozo kaj kuracado de Multobla Sklerozo</i> Krankenkenhaus der Barmherzigen Brüder, Trier, Germanio	
10.10-10.30	<i>Homoj kaj Robotoj: kiel teame kunlabori?</i> Constructor University, Germany	
10.30-11.00	Diskuto	
LT-3, II floor, Auditorium 202		
Moderator Assoc. Prof. Dr. Edita Butrimė		
9.30-9.50	Rūta Rygertaitė Mobilijų įrenginių poveikis operacinės slaugytojų darbui Vilniaus universitetas, Lietuva	
9.50-10.10	Povilas Rimkus <i>Apiterapija papildomosios ir alternatyviosios sveikatos priežiūros kontekste</i> Lietuvos apiterapininkų asociacija, Lietuva	
10.10-10.30	Aida Čižikaitė <i>L. L. Zamenhofas ir Lietuva</i> Lietuvos sveikatos mokslų universitetas, Lietuva	
10.30-11.00	Edita Butrimė, Matas Janavičius, Jurgita Marčiulynaitė, Aušra Šnipaitienė <i>Paramos priemonė šeimoms, auginančioms vaikus, sergančius jaunatviniu idiopatinu artritu: kaip tą galima realizuoti pasitelkiant šiuolaikines technologijas</i> Lietuvos sveikatos mokslų universitetas, Lietuva	
11.00-11.30	Coffee break	LSMU Main Building II floor
11.30-13.00	Work in section	LSMU Main Building
EN-4, III floor, Auditorium 302		
Moderator Dr. Maté Ádám Balázs		
11.30-11.50	Bálint Madarász <i>What Does Longevity Mean for Oncology? Part 2. Diet Quality and the Impact of Ultra-Processed Foods intake in Cancer Care and Ageing</i> Department of Internal Medicine and Oncology – Oncology Unit, Hungary	
11.50-12.10	Maté Ádám Balázs	



	<i>What Does Longevity Mean for Oncology? - Part 1. How Can We Prepare to Treat More Aging Population in Oncology?</i> Department of Internal Medicine and Oncology – Oncology Unit, Hungary	
12.10-12.30	Justyna Turek <i>Zinc and Drug-Resistant Depression – Can a Micronutrient Deficiency Cause It?</i> Maj Institute of Pharmacology, Polish Academy of Sciences, Poland	
12.30-13.00	Discussion	
13.00-14.00	Lunch	Bistronomė, Laisvės al. 37
14.15-16.00	Visit to the Anatomy Museum and Dissector	LSMU Main Building Anatomy Museum
16.00-17.30	Art Therapy Workshop <i>Context of project "Arts on Prescription in the Baltic Sea Region"</i> Aurimas Gaižauskas	LSMU Main Building III floor, Auditorium 301
18.00-19.00	Dinner	Bistronomė, Laisvės al. 37
19.30-20.30	Evening programme <i>A Look at Lithuanian Theatre: Mono-Performance "Barbora" (based on the piece by J. Grušas)</i> Actress — Birutė Prekevičiūtė	Department of Languages and Education M. Jankaus g. 2, Auditorium 9

5 July 2025

Time	Activity	Place
8.00-9.30	Breakfast	Hotels
9.30-11.30	Plenary session III	LSMU Main Building V. Lašas Auditorium
Moderators Prof. Dr. Francesco Maurelli and Nissi Kwodwo Teye Tettey		
9.30-10.00	Emilija Gailevičiūtė <i>Home-Based Telerehabilitation for Ischemic Heart Disease: A Clinical Trial on the Effectiveness and Safety</i> Kulautuva Rehabilitation Hospital, Lithuania	
10.00-10.30	Nissi Kwodwo Teye Tettey <i>Febrile Neutropenia in Triple-Negative Breast Cancer: A Case Study and Management Overview</i> Simmelweis University, Hungary	
10.30-11.00	Jurga Andrėja Kazlauskaitė <i>3D Printed Gel Tablets for Tailored Neurological Pain Relief</i> Lithuanian University of Health Sciences, Lithuania	
11.00-11.30	Final Discussion	
11.30-12.00	Coffee break	LSMU Main Building II floor lobby
12.00-13.00	Closing of the congress Moderator Prof. Dr. Habil. Włodzimierz Opoka	LSMU Main Building V. Lašas Auditorium
13.15-14.15	Lunch	Bistronomė, Laisvės al 37
14.30-16.00	Walking tour in Kaunas city centre and old town	
16.00-18.00	Free time	
18.00-19.00	Dinner	Bistronomė Laisvės al 37
19.30-20.30	Evening programme <i>Violin music concert</i> Violinist – Sigita Railaitė-Sičiūnienė	Vytautas Magnus University Senate hall S. Daukanto g. 28

***STENDINIS PRANEŠIMAS / PREZENTAJO-AFIŠO / POSTER**



Raimonda Brunevičiūtė, Andrius Eidimtas

MAŽA VERSMĖ Į UPĘ IŠSILIEJA ...: Lietuvos sveikatos mokslų universiteto Kalbų ir edukacijos katedros retrospektyva (1946-2025)

A SMALL STREAM POURS INTO THE RIVER...: A Retrospective of the Department of Languages and Education, Lithuanian University of Health Sciences (1946-2025)

Lietuvos sveikatos mokslų universitetas, Lietuva

Jūratė Čirūnaitė

LDK žydų paveldimų asmenvardžių formavimasis

Formation of personal names of Jewish heritage in the Grand Duchy of Lithuania

Lietuvos sveikatos mokslų universitetas, Lietuva / Lithuanian University of Health Sciences, Lithuania

Jūratė Čirūnaitė

Lietuvos totorių asmenvardžiai iki pavardžių susidarymo

Personal Names of Lithuanian Tatars Before the Formation of Surnames

Lietuvos sveikatos mokslų universitetas, Lietuva / Lithuanian University of Health Sciences, Lithuania

Kotryna Gulbinaitė

Vidurinio amžiaus moterų mirties nerimo sąsajos su senėjimo nerimu ir generalizuoto nerimo simptomais

Associations of Death Anxiety with Aging Anxiety and Generalised Anxiety Symptoms in Middle-Aged Women

Vilniaus universitetas, Lietuva / Vilnius University, Lithuania

Ula Linkevičiūtė

Kraštinio kaulo stabilumo vertinimas aplink giliai įsriegtus implantus, suprotezuotus atramos lygio vainikėliais. 6 metų rezultatų vertinimas

Evaluation of Marginal Bone Stability Around Deep-Seated Implants with Abutment-Level Crowns. 6-Year Outcome Evaluation

Vilniaus universitetas, Lietuva / Vilnius University, Lithuania

Marija Vaišvilaitė

Fermentuoto arbatos gėrimo cheminių ir fizikinių parametrų dinamika gamybos laikotarpiu

Dynamics of Chemical and Physical Parameters of Fermented Tea Beverage During Production Period

Lietuvos sveikatos mokslų universitetas, Lietuva / Lithuanian University of Health Sciences, Lithuania

Marlon-Sean Deutscher

Evaluation of Angiogenic Properties of a 3D Printed Scaffold In Vivo

Vilnius University, Lithuania

Moritz Gräf

Evaluation of New Bone Formation in a 3D Printed Scaffold In Vivo

Vilnius University, Lithuania

Abanob Jamal Yousif Mangiryous

Evaluating Drug Prescription Knowledge in Oral Disease Treatments among Vilnius University Dental Students

Vilnius University, Lithuania



Audra Janovskienė

Dirofilaria Repens Infection in Lithuania: Rare Case Report
Lithuanian University of Health Sciences, Lithuania

Erika Jasukaitienė

Comparison of Healthcare Professionals' Attitudes Toward Patient Safety with Sociodemographic Indicators
Lithuanian University of Health Sciences, Lithuania

Jan Matysiak

Integrated Proteomics and Cellular Profiling Reveals SARS-COV-2-Induced Changes in Neural Differentiation
Poznan University of Medical Sciences, Poland

Digna Narkevičiūtė

The Effect of Hyperoside on Glutathione Reductase Activity in Mice Brain and Liver
Lithuanian University of Health Sciences, Lithuania

Bartłomiej Rospond

Metal Complexes of Antidiarrheal Drugs: Synthesis, Characterisation, and Biological Evaluation
Chair of Inorganic Chemistry and Pharmaceutical Analytics, Poland

Beatricie-Marinela Rudic

The Role of Intestinal Microbiota in Liver Cirrhosis Progression: Bacterial Imbalance and its Systemic Consequences
“Nicolae Testemitanu” State University of Medicine and Pharmacy, Moldova

Małgorzata Starek

Safety and Effectiveness of Nootropic Drugs as Cognitive Enhancers
Jagellonian University Medical College, Poland

Maria Walszak

Danio Rerio as a Model Organism in Safety Studies of New Compounds
Jagellonian University Medical College, Poland

Marta Wiejak

The Impact of Chemicals on Functioning of the Endocrine System – Challenges for Public Health
Medical University of Silesia in Katowice, Poland

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